

Original Research Article

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## Effects of Ascorbic Acid as Antioxidant Semen Additive in Cryopreservation of Cross-bred Cattle Bull Semen

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### ABSTRACT

The present study was jointly undertaken at the Frozen Semen Laboratory, U.T. of Jammu & Kashmir, Hukkal, Jammu and Division of V.G.O., F.V.Sc & A.H., SKUAST- J, R.S.Pura, during the period between December 2017 and May 2018. This investigation was carried out with the objective to study the effect of antioxidant semen additive ascorbic acid on cryopreservation of semen. Semen samples (n=10) from mature cattle bull stationed at Frozen semen laboratory, U.T. of Jammu & Kashmir, Hukkal, Jammu, were used to evaluate the effect of ascorbic acid additive at post-dilution and at post thaw stage. The semen sample was extended with Tris-Egg-Yolk-Citric-acid-Fructose-Glycerol (TEYCAFG) extender and were split into two groups: Group 1: TEYCAFG without any additive/ control and group 2: TEYCAFG + Ascorbic acid (5mM). Progressive motility, live spermatozoa, acrosomal integrity, sperm abnormality, hypo-osmotic swelling test (HOST) was evaluated at both post-dilution and post-thaw stage. Whereas, oxidative stress tests viz. malondialdehyde (MDA), catalase (CAT) and superoxide dismutase (SOD) were evaluated at only post-thawed stage. Group 2 i.e. ascorbic acid group, showed significant (p<0.05) increased live spermatozoa, acrosomal integrity and HOST positive spermatozoa, while significant (p<0.05) decreased sperm abnormalities in post-thawed semen. In oxidative stress evaluation the MDA level was significantly (p<0.05) decreased, whereas, SOD levels significantly (p<0.05) increased in group 2 in comparison to control group. It was concluded that addition of ascorbic acid (5 mM) as semen additive improves semen quality and minimize oxidative stress to the spermatozoa during cryopreservation of semen.

#### Keywords

Semen, Cattle bull, Ascorbic acid, Oxidative stress

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### Introduction

The milk production in India was 187.7 Million Tonnes (MT) in year of 2018-19

(NDDB, 2020) in which contribution of Jammu and Kashmir (J&K) is 254 MT. The cattle population in the country as per 2019 census were 192.5 million out of total bovine

population (302.3 millions) in J&K total cattle including cross-bred and indigenous were 1231 (in thousands). To meet the objective of sustainable milk production, special attention is required for improving the gene pool of the animals. The best proven way to improve gene pool is artificial insemination of the animals with frozen semen from superior bulls, thus it is only possible by making available sufficient number of frozen doses from superior bulls.

Now-a-days the bulls frozen semen has been widely used in artificial insemination (AI) but the results of conception is about 50 per cent. This might be due to freezing and thawing processes that leads to the generation of reactive oxygen substances (ROS) that impair post-thaw motility, viability, intracellular enzymatic activity, fertility and sperm functions (Aitken *et al.*, 1998; Zhao and Buhr, 1995; White, 1993).

Oxidative stress is defined as a disturbance in the balance between the production of reactive oxygen species (ROS) and antioxidant defenses in the body. The cause of oxidative stress is considered as a major conducive factor to male infertility and decreased semen quality during the preservation process (Betteridge, 2000). Oxidative Stress installed at the level of tissues, organs or organelles is derived from the imbalance between the production and elimination of reactive oxygen species. Spermatozoa and seminal plasma possess an antioxidant system comprising taurine, reduced glutathione (GSH), glutathione peroxidase (GSH-Px), catalase (CAT), and superoxide dismutase (SOD) to prevent oxidative damage. However, this anti-oxidant capacity in sperm cells, due to the small cytoplasmic component that contains antioxidants to scavenge oxidants, is limited (Lapointe and Bilodeau, 2003; Aurich *et al.*, 1997; Storey, 1997). Addition of antioxidants

to the freezing media like ascorbic acid, catalase, caffeine, glutathione, taurine etc. in semen diluent prevent the damage induced by free radicals to spermatozoa during freezing as well as improves the fertility of the semen (Agarwal *et al.*, 2004).

Ascorbic acid or Vit C concentration in seminal plasma exceeds 10 times more than that in blood plasma (364 compared with 40  $\mu\text{mol/L}$ ) (Tariq *et al.*, 2015). It is an antioxidant substance, which is normally present in the epididymal fluid and seminal plasma of several species (Chinoy, 1972) which protects sperm from Reactive Oxygen Species (Buettner, 1993). Vit.C or ascorbic acid specifically reduces oxygen radicals, neutralizes ROS and regenerates other antioxidants system and helps in maintaining the genetic integrity of sperm cells by preventing oxidative damage to sperm DNA (Fragae *et al.*, 1991).

Though few research using ascorbic acid as an semen additive has been previously reported but differences exists among ascorbic acid concentrations used, species, breed, dilutor composition, freezing method etc. but such research in the cross-bred bull semen of Jammu and Kashmir region is completely missing.

Thus keeping in view the aforesaid facts the present study was designed with the objective to evaluate the oxidative stress to the spermatozoa during cryopreservation of semen and the effects of ascorbic acid as semen additive.

## **Materials and Methods**

The present study was jointly undertaken at the Frozen semen laboratory, U.T. of Jammu & Kashmir, Hukkal, Jammu and Division of V.G.O., F.V.Sc & A.H., SKUAST- J, R.S.Pura, during the period between

December 2017 and May 2018. Semen samples (n=10) were collected randomly from mature cattle bull stationed at Frozen semen laboratory, U.T. of Jammu & Kashmir, Hukkal, Jammu, India (32.73° N, 74.87° E, altitude 300 m). Semen was collected twice a week from each bull by artificial vagina method. The semen ejaculates were initially evaluated for volume, mass activity, spermatozoa concentration and progressive motility. The ejaculates qualifying the minimum initial standards were further processed. After initial assessment of semen, the selected samples were extended with pre-warmed (37°C) Tris egg yolk citric acid fructose glycerol (TEYCAFG) extender so that each ml of extended semen contained at least  $40 \times 10^6$  spermatozoa (Anel *et al.*, 2003). After extension, the semen samples were divided into two parts. The first part was considered as group 1: TEYCAFG without any additive/ control and group 2: TEYCAFG + Ascorbic acid (5mM). The pH was adjusted within the range 7.2 to 7.4. The semen samples were filled in 0.5 ml capacity, polyvinyl straw (IMV, France). Equilibration was done in the cold handling unit maintained at 4° C for 4 hours. Freezing of the straws was done by programmable biofreezer (Digit Cool-530, IMV Technologies, France) with rate freezing from 4°C to -10°C @ 5°C, -10°C to -100°C @ 40°C, -100°C to -140°C @ 20°C, after attainment of -140°C temperature the straws were removed from the racks shifted to the pre-cooled goblets and plunged into liquid nitrogen and finally stored in liquid nitrogen tank where they were stored for definite period of time for future evaluation.

Total ejaculates (n=10) were evaluated at two stages of the semen processing viz. post-dilution and post thaw stage, for per cent progressive motility, live spermatozoa, acrosomal integrity, sperm abnormalities and hypo-osmotic swelling test. Whereas, only at post-thaw stage for oxidative stress test viz.

MDA, SOD and Catalase. Thawing of frozen semen was done at 37° C for 30 seconds.

Volume was measured by graduated collecting tube, mass activity was graded as described by Tomar *et al.*, (1966). The concentration of the spermatozoa (millions/ml) was determined by Accucell photometer (IMV Technologies, France). Progressive motility, live spermatozoa and acrosome integrity were assessed as per Salisbury *et al.*, (1978); HOST test was performed as described by Jeyendran *et al.*, (1984); sperm abnormalities were assessed by Eosin-nigrosin stain with slight modification as described by Kumar (1993). Oxidative stress test viz. Malondialdehyde (MDA) was determined as described by Shafiq-ur-Rehman (1984); Catalase as per Aebi (1983) and Superoxide dismutase (SOD) as described by Marklund and Marklund (1974). The results were analysed statistically using Analysis of Variance (ANOVA) (Snedecor and Cochran, 1989).

## **Results and Discussion**

### **Progressive motility**

The per cent progressive motility (Mean  $\pm$  SE) post-dilution and post-thawing in control group were  $67.0 \pm 1.52$  and  $48.0 \pm 2.49$ ; whereas in ascorbic acid group were  $68.0 \pm 1.33$  and  $50.0 \pm 2.11$ , respectively (Table 1.0). Perusal of the table (1.0) it was observed that the progressive motility (%) differed none significantly between post-diluted control and ascorbic acid group as well as post-thaw control and ascorbic acid group.

In the present study in control group the per cent progressive motility of diluted semen (Table 1.0) was  $67.0 \pm 1.52$  which was in agreement with the finding of Pathak *et al.*, (1990) who reported per cent progressive motility as  $65.30 \pm 1.20$  per cent in diluted

semen of cattle bull. Whereas, in the control group per cent post thaw motility (Table 1.0) was in intermediate range in comparison to previous reports, which was less than reported by Kishore, 2009 (80.74); Pawshe *et al.*, 2016 (61.7 ± 2.6); Uysal *et al.*, 2007 (55.5 ± 2.5) and Ulfina and Raina, 2003 (55.34 ± 1.02), while it was higher than reported by Hu *et al.*, 2010 (36.88 ± 1.53) and Li *et al.*, 2016 (14.7 ± 1.4).

The main reason for the decrease in the per cent post thaw progressive motility might be due to cryopreservation damage, ROS production and damage caused due to formation of ice crystal formation in mitochondria and Axomemes during cryopreservation that impairs sperm motility.

In the present study in ascorbic acid group the values of per cent progressive motility of diluted semen (Table 1.0) was 68.0 ± 1.33, which was in agreement with the finding of Mittal *et al.*, (2014) who reported as 66.59 ± 0.99, while it was lesser than as reported by Rao *et al.*, 2017 (78.05 ± 0.02) and Sandeep *et al.*, 2015 (73.33 ± 1.07). Whereas, per cent progressive motility of post thaw semen (Table 1.0) was 50.0 ± 2.11, which was higher than as reported by Rao *et al.*, 2017 (46.83 ± 0.01) and Sandeep *et al.*, 2015 (45.62 ± 0.69) and lower than the finding of Sohail *et al.*, 2015 (62.73 ± 2.80) and Mittal *et al.*, 2014 (56.75 ± 0.75).

### **Live spermatozoa**

The per cent live spermatozoa (Mean ± SE) post-dilution and post-thawing in control group were 74.4 ± 1.82 and 50.8 ± 1.17; whereas in ascorbic acid group were 72.4 ± 1.69 and 55.4 ± 0.88, respectively (Table 1.0). Perusal of the table (1.0) it was observed that the live spermatozoa (%) differed non significantly between post-diluted control and ascorbic acid group, whereas, in post-thaw a

significant ( $p < 0.05$ ) difference in live spermatozoa was observed between control and ascorbic acid group.

In the present study in the control group values of per cent live spermatozoa in diluted semen (Table 1.0) was 74.4 ± 1.82, which was in agreement with the findings of Keshava (1996) who reported 74.28 and Abdul-khalek *et al.*, (2008) as 73.0 ± 1.3. Whereas per cent live spermatozoa in post thaw semen (Table 1.0) was 50.8 ± 1.17 which was less than reported by Bhalde *et al.*, 1991 (57.64 ± 0.78), Rao *et al.*, 2017 (56.24 ± 0.01) and Abdul-khalek *et al.*, 2008 (66-73 per cent). Decreasing proportion of live spermatozoa in post thaw semen may be due to cryo-damage caused to formation of ice crystals in extra and intracellular environment, increasing solute concentration (Mazur, 1984) and sperm susceptibility for freezing and thawing temperature, ROS production and lipid peroxidation (Bucak *et al.*, 2008)

In the present study in ascorbic acid group the value of per cent live spermatozoa of diluted semen was 72.4 ± 1.69 which was in agreement with the findings of Sandeep *et al.*, 2015 (76.21 ± 1.01). Whereas per cent live spermatozoa in post thaw semen (Table 1.0) was 55.4 ± 0.88 which was higher than the findings of Rao *et al.*, 2017 (51.92 ± 0.02) and Sandeep *et al.*, 2015 (48.21 ± 0.75), while lesser than the finding of Sohail *et al.*, 2015 (60.43 ± 3.17).

### **Acrosomal integrity**

The per cent acrosomal integrity (Mean ± SE) post-dilution and post-thawing in control group were 79.7 ± 1.52 and 53.9 ± 0.94; whereas in ascorbic acid group were 78.7 ± 1.78 and 64.3 ± 2.42, respectively (Table 1.0). Perusal of the table (1.0) it was observed that the acrosomal integrity (%) differed non

significantly between post-diluted control and ascorbic acid group, whereas, in post-thaw a significant ( $p < 0.05$ ) difference in acrosomal integrity was observed between control and ascorbic acid group.

In the present study in control group the values of per cent acrosomal integrity of diluted semen (Table 1.0) was  $79.7 \pm 1.52$ , which was in agreement with the finding of Lone *et al.*, 2017 ( $80.17 \pm 3.26$ ), it was less than the finding of Rao *et al.*, 2017 ( $85.77 \pm 0.01$ ). Whereas, per cent acrosomal integrity of post thaw semen was  $53.9 \pm 0.94$  which was in agreement with the finding of Rao *et al.*, 2017 ( $56.24 \pm 0.01$ ), however it was higher than the finding of Sandeep *et al.*, 2015 ( $36.25 \pm 0.91$ ) and Paudel *et al.*, 2010 ( $31.5 \pm 1.3$ ). The decrease in acrosomal integrity at various stages may be due to loss of component of plasma membrane and loss of plasmalemma over entire acrosome during freeze- thawing.

In the present study in ascorbic acid group the values of per cent acrosomal integrity of diluted semen (Table 1.0) was  $78.7 \pm 1.78$  which is lower than the finding of Rao *et al.*, 2017 ( $85.77 \pm 0.01$ ) and Mittal *et al.*, 2014 ( $81.75 \pm 0.47$ ), while higher than the finding of Sandeep *et al.*, 2015 ( $76.21 \pm 1.01$ ). Whereas, per cent acrosomal integrity of post thaw semen was  $64.3 \pm 2.42$  which was in agreement with the finding of Rao *et al.*, (2017) who reported as  $63.57 \pm 0.01$ , while higher value was observed by Mittal *et al.*, 2014 ( $71.59 \pm 0.48$ ) in their study and lower finding were observed by Sandeep *et al.*, 2015 ( $48.21 \pm 0.75$ ) and Paudel *et al.*, 2010 ( $35.9 \pm 1.4$ ).

### **Sperm abnormalities**

The per cent sperm abnormalities (Mean  $\pm$  SE) post-dilution and post-thawing in control group were  $7.2 \pm 0.63$  and  $16.8 \pm 0.61$ ;

whereas in ascorbic acid group were  $6.8 \pm 0.83$  and  $13.2 \pm 0.79$ , respectively (Table 1.0). Perusal of the table (1.0) it was observed that the sperm abnormalities (%) differed non significantly between post-diluted control and ascorbic acid group, whereas, in post-thaw a significant ( $p < 0.05$ ) difference in sperm abnormalities was observed between control and ascorbic acid group.

In the present study in control group the values of per cent sperm abnormalities in diluted semen (Table 1.0) was  $7.2 \pm 0.63$ , which was in agreement with the finding of Rao *et al.*, (2017) who reported as  $7.28 \pm 0.02$ , however it was higher than as reported by Mittal *et al.*, 2014 ( $4.91 \pm 0.14$ ), while it was lower than as reported by Gupta *et al.*, 1990 ( $9.14 \pm 0.09$ ). Whereas, per cent post thaw sperm abnormalities was  $16.8 \pm 0.61$  which was in agreement with the finding of Rao *et al.*, (1999) who reported a range of  $15.66 \pm 0.39$  to  $16.75 \pm 0.37$ , while it was higher than as reported by Mittal *et al.*, 2014 ( $7.75 \pm 0.17$ ), Sariözkan *et al.*, 2009a ( $14.93 \pm 1.07$ ) and Sariözkan *et al.*, 2009b ( $15.0 \pm 1.1$ ), whereas lower than the finding of Gupta *et al.*, 1990 ( $17.63 \pm 1.99$ ) and Rao *et al.*, 2017 ( $18.36 \pm 0.04$ ).

In the present study in ascorbic acid group the value of per cent sperm abnormalities of diluted semen (Table 1.0) was  $6.8 \pm 0.83$  which was in agreement with the finding of Rao *et al.*, (2017) who reported as  $6.78 \pm 0.03$ , while lower value of per cent sperm abnormalities was observed in the finding of Mittal *et al.*, 2014 ( $4.28 \pm 0.10$ ). Whereas, the values of post thaw semen was  $13.2 \pm 0.79$  which was lower than the finding of Rao *et al.*, 2017 ( $17.62 \pm 0.01$ ), while higher than the finding of Mittal *et al.*, 2014 ( $6.84 \pm 0.12$ ).

### **Hypo-osmotic swelling test (HOST)**

The hypo-osmotic swelling test positive spermatozoa per cent (Mean  $\pm$  SE) post-

dilution and post-thawing in control group were  $71.0 \pm 1.10$  and  $45.4 \pm 0.93$ ; whereas in ascorbic acid group were  $71.5 \pm 1.69$  and  $49.4 \pm 0.87$ , respectively (Table 1.0). Perusal of the table (1.0) it was observed that the hypo-osmotic swelling test positive spermatozoa (%) differed non significantly between post-diluted control and ascorbic acid group, whereas, in post-thaw a significant ( $p < 0.05$ ) difference in hypo-osmotic swelling test positive spermatozoa was observed between control and ascorbic acid group.

In the present study in control group the per cent hypo-osmotic swelling test (HOST) positive spermatozoa of diluted semen (Table 1.0) was  $71.0 \pm 1.10$  which was in agreement with the findings of Rao *et al.*, (2017) who reported as  $72.54 \pm 0.01$  and Lone *et al.*, (2017) as  $70.91 \pm 5.92$ , however lower values was observed by Kumar *et al.*, 2018 ( $62.11 \pm 0.89$ ). Whereas, in post thaw semen the values of hypo-osmotic swelling test (HOST) positive spermatozoa (Table 1.0) was  $45.4 \pm 0.93$ , which was agreement with the finding of Kumar *et al.*, (2018) who reported as  $45.94 \pm 1.33$  and Sariözkan *et al.*, (2009a) as  $43.70$

$\pm 1.96$ , while lower values were observed by Paudel *et al.*, 2010 ( $39.6 \pm 1.3$ ), Rao *et al.*, 2017 ( $38.73 \pm 0.01$ ) and Taraphdar, 1999 ( $36.52$ ) and higher values was observed by Lone *et al.*, 2017 ( $51.30 \pm 4.43$ ) and Sohail *et al.*, 2015 ( $49.97 \pm 3.62$ ). The structural changes produced in the post thaw sperm cells membrane are primarily linked to altered abilities for energy sourcing which later on influence both cellular metabolism and other sperm functions (Dziekonska *et al.*, 2009; Gillan *et al.*, 2004).

In the present study in ascorbic acid group the values of per cent HOST positive of diluted semen has been reported as  $74.36 \pm 0.01$  in crossbred bull with 5mM of ascorbic acid (Rao *et al.*, 2017) which was slightly higher than our present study value of per cent HOST positive *i.e.*  $71.5 \pm 1.69$  (Table 1.0). In the present study the value of per cent HOST positive of post thaw semen of ascorbic acid group (Table 1.0) was  $49.4 \pm 0.87$  which was slightly lower than the finding of Sohail *et al.*, 2015 ( $51.37 \pm 3.98$ ), while higher than the finding of Rao *et al.*, 2017 ( $42.27 \pm 0.02$ ) and Paudel *et al.*, 2010 ( $41.0 \pm 1.3$ ).

**Table.1.0** The effect of ascorbic acid on different physio-morphological characteristics at post-dilution and post-thaw semen of cross-bred bulls

Parameter (%)	Stage	Control	Ascorbic acid (5mM)
Progressive motility	Post-dilution	$67.0 \pm 1.52^a$	$68.0 \pm 1.33^a$
	Post-thaw	$48.0 \pm 2.49^a$	$50.0 \pm 2.11^a$
Live spermatozoa	Post-dilution	$74.4 \pm 1.82^a$	$72.4 \pm 1.69^a$
	Post-thaw	$50.8 \pm 1.17^a$	$55.4 \pm 0.88^b$
Acrosomal integrity	Post-dilution	$79.7 \pm 1.52^a$	$78.7 \pm 1.78^a$
	Post-thaw	$53.9 \pm 0.94^a$	$64.3 \pm 2.42^b$
Sperm abnormalities	Post-dilution	$7.2 \pm 0.63^a$	$6.8 \pm 0.83^a$
	Post-thaw	$16.8 \pm 0.61^a$	$13.2 \pm 0.79^b$
HOST	Post-dilution	$71.0 \pm 1.10^a$	$71.5 \pm 1.69^a$
	Post-thaw	$45.4 \pm 0.93^a$	$49.4 \pm 0.87^b$

Values are given as mean  $\pm$  SE of 10 animals unless and otherwise stated  
 Values bearing different superscripts in a row differ significantly ( $p < 0.05$ )

**Table.2.0** The effect of ascorbic acid on malondialdehyde (MDA), catalase (CAT) and superoxide dismutase (SOD) activity in post-thawed semen of cross-bred bulls

Oxidative stress test	Control	Ascorbic acid (5mM)
MDA (nmol/10 <sup>8</sup> Spermatozoa)	3.49 ± 0.19 <sup>a</sup>	1.70 ± 0.04 <sup>b</sup>
CAT (µmol/10 <sup>8</sup> Spermatozoa)	1.18 ± 0.36 <sup>a</sup>	1.31 ± 0.73 <sup>a</sup>
SOD (U/ 10 <sup>8</sup> Spermatozoa)	0.95 ± 0.06 <sup>a</sup>	1.31 ± 0.05 <sup>b</sup>

Values are given as mean ± SE of 10 animals unless and otherwise stated

Values bearing different superscripts in a row differ significantly (p<0.05)

### Malondialdehyde (MDA)

The MDA levels (Mean ± SE) post-thaw semen samples in control group and ascorbic acid group were 3.49 ± 0.19 and 1.70 ± 0.04, respectively (Table 2.0). Perusal of the table (2.0) it was observed that MDA levels in post-thaw semen samples differed significantly (p<0.05) between control and ascorbic acid group.

The MDA level (nmol H<sub>2</sub>O<sub>2</sub> produced/ 10<sup>8</sup> spermatozoa) of post thaw semen in 712.1 ± 49.1 nmol MDA level/10<sup>9</sup> spermatozoa in crossbred bull (Paudel *et al.*, 2010), 496.02 ± 39.28 nmol MDA level/10<sup>9</sup> spermatozoa in buffalo bull (Lone *et al.*, 2017). In the present study MDA level (nmol H<sub>2</sub>O<sub>2</sub> produced/ 10<sup>8</sup> spermatozoa) in post thaw semen of control group (Table 2.0) was 3.49 ± 0.19 which was lower than the value observed by Paudel *et al.*, 2010 and Lone *et al.*, 2017. The finding of other scientists could not be compared with our finding due to disparity in method of evaluation and units of measurement.

In the present study, the MDA level (nmol H<sub>2</sub>O<sub>2</sub> produced/ 10<sup>8</sup> spermatozoa) post thaw semen of ascorbic acid added group (Table 2.0) was 1.70 ± 0.04. In murrh buffalo bull with 2.5mM of ascorbic acid (Sandeep *et al.*, 2015) observed the value of MDA level

(concentration ng/ 120 million spermatozoa) in post thaw semen was 521.16 ± 8.23, which was higher than the present study finding, however, Paudel *et al.*, 2010 observed the level of MDA production (nmol/10<sup>9</sup> spermatozoa) in crossbred bull with 10mM concentration of ascorbic acid in post thaw semen which is higher than the value of our present investigation.

### Catalase

The catalase levels (Mean ± SE) post-thaw semen samples in control group and ascorbic acid group were 1.18 ± 0.36 and 1.31 ± 0.73, respectively (Table 2.0). Perusal of the table (2.0) it was observed that catalase levels in post-thaw semen samples differed non significantly between control and ascorbic acid group.

The catalase activity (µmol H<sub>2</sub>O<sub>2</sub> decomposed/ min/ 10<sup>8</sup> spermatozoa) in post thaw semen has been reported as 1.16 ± 0.82 (U/ml) in Qinchuan bulls (Zhao *et al.*, 2015), 23.36 ± 0.25 in rainy season, 24.25 ± 0.30 winter season and 24.22 ± 0.56 in summer season, respectively in buffalo bull (Sharma *et al.*, 2016). In the present study catalase activity (µmol H<sub>2</sub>O<sub>2</sub> decomposed/ min/ 10<sup>8</sup> spermatozoa) in post thaw semen of control group (Table 2.0) was 1.18 ± 0.31 which was higher than finding of Zhao *et al.*, (2015)

whereas lower than the finding of Sharma *et al.*, (2016). There was reduction in the catalase activity with the level of freezing. CAT activity reduced at post thaw stage when compared to pre freeze stage (Lone *et al.*, 2017; Kadirvel *et al.*, 2009). CAT is an enzymatic antioxidant found in all living organisms exposed to oxygen, which decomposes harmful peroxides and converts them into water and oxygen (Chelikani *et al.*, 2004).

In the present study, the level of Catalase ( $\mu\text{mol H}_2\text{O}_2$  decomposed/ min/  $10^8$  spermatozoa) in post thaw semen (Table 2.0) was  $1.31 \pm 0.73$ . The CAT activity reduced at post thaw stage when compared to pre freeze stage (Lone *et al.*, 2017) and the reduction in the catalase activity also reported by Kadirvel *et al.*, (2009).

### **Superoxide dismutase (SOD)**

The SOD levels (Mean  $\pm$  SE) post-thaw semen samples in control group and ascorbic acid group were  $0.95 \pm 0.06$  and  $1.31 \pm 0.05$ , respectively (Table 2.0). Perusal of the table (2.0) it was observed that SOD levels in post-thaw semen samples differed significantly ( $p < 0.05$ ) between control and ascorbic acid group.

The level of Superoxide dismutase (Unit/  $10^8$  spermatozoa) in post thaw semen have been reported as  $104.02 \pm 26.34$  ( $\mu\text{kat/g}$  protein) in cattle bull (Sariözkan *et al.*, 2009a),  $7.2 \pm 1.8$  (U/g protein) in cattle bull semen (Sariözkan *et al.*, 2009b),  $3.50 \pm 0.19$  in cattle and  $1.98 \pm 0.09$  in buffalo bulls (Nair *et al.*, 2006) and  $0.16 \pm 0.03$  (units/mg protein) in buffalo bulls (Lone *et al.*, 2017). The level of Superoxide dismutase (Unit/  $10^8$  spermatozoa) in present study in post thaw semen of control group (Table 2.0) was  $0.95 \pm 0.06$  which was lower than the finding of Nair *et al.*, (2006), however it was higher than the finding of

Lone *et al.*, (2017). The mean SOD activity was reduced at post-thaw stages, when compared to pre-freeze. This decline in activity of SOD may be due to utilisation of SOD in neutralizing superoxides during freeze-thaw process SOD activity was reduced to 50% in Holstein Friesian bulls during cryopreservation (Bilodeau *et al.*, 2000). Superoxide is a free radical which is converted to oxygen and hydrogen peroxide by the dismutation action of antioxidant enzyme superoxide dismutase (Tariq *et al.*, 2015).

In the present study, the level of Superoxide dismutase (Unit/  $10^8$  spermatozoa) in post thaw semen of ascorbic acid added group (Table 2.0) was  $1.31 \pm 0.05$ . The mean SOD activity was reduced at post-thaw stages, when compared to pre-freeze. This decline in activity of SOD may be due to utilisation of SOD in neutralizing superoxides during freeze-thaw process SOD activity was reduced to 50% in Holstein Friesian bulls during cryopreservation (Bilodeau *et al.*, 2000). Superoxide is a free radical which is converted to oxygen and hydrogen peroxide by the dismutation action of antioxidant enzyme superoxide dismutase (Tariq *et al.*, 2015).

In conclusion, the present study with ascorbic acid (5mM) as the semen additive may be used for the cryopreservation of the semen. The parameters of semen quality improved in the ascorbic acid added cryopreserved semen in comparison of control group. The oxidative stress to the semen is also minimized after addition of the ascorbic acid. The *in vitro* fertility assessed by hypo-osmotic swelling test also indicates for the better quality and fertility in ascorbic acid group. However, the improved semen quality actually results in improved fertility rate in the cattle population should be validated.



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