

Original Research Article

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## An Evaluation of Antibiotic Profile, Molecular Characterization and Risk Factors Associated with Carbapenem Resistant Non Fermentative Gram Negative Isolates in a Tertiary Care Centre

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### ABSTRACT

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Non-fermentative Gram negative bacteria (NFGNB) can cause serious infections in hospitalised patients. There has been an increase in resistance to carbapenems which is worrying as they are considered as antibiotics of last resort. Carbapenemases are responsible for carbapenem resistance. Study was undertaken to evaluate antibiotic profile, to ascertain risk factors associated and to detect genes responsible for carbapenem resistance in NFGNB isolates from acute wards of a tertiary care centre. The study was carried out in an urban tertiary care centre. Samples were collected from patients of acute wards and relevant clinical history was collected. Imipenem resistance detection and antibiotic susceptibility was done. A multiplex PCR was done on imipenem resistant isolates for detection of resistant genes. A total of 296 isolates were collected. *Acinetobacter baumannii* (132) followed by *Pseudomonas aeruginosa* (121) were the predominant isolates. OXA-51(72) and NDM were the predominant genes detected in Imipenem resistant *A. baumannii* and *Pseudomonas aeruginosa* (39). The carbapenem resistance in NFGNB in our hospital setting is mostly because of VIM, NDM, OXA-23, OXA-51. Constant monitoring of the incidence of such organisms in critical areas of the hospital, prompt recognition and getting rid of them is the only important preventive strategy.

### Introduction

Among the non-fermentative Gram negative bacilli (NFGNB), *Pseudomonas aeruginosa* is considered a major pathogen; however in recent years other non-fermenters have also caused serious infections that place hospitalised patients at serious risk largely because of high intrinsic antibiotic resistance in these bacteria (Hancock, 1998; Su *et al.*, 2009). Non-fermenters are generally multi-drug resistant, with an increase in resistance

to oxyimino-cephalosporins and carbapenems in the last two decades. Resistance not only compromises treatment but also leads to increased mortality, and inflated cost in hospitals (McGowan, 2006; Slama, 2008).

Carbapenems are stable to most  $\beta$ -lactamases including AmpC  $\beta$ -lactamases and extended spectrum  $\beta$ -lactamases (ESBL). Hence carbapenems are used as antibiotics of last

resort for treating infections due to multidrug-resistant Gram negative bacteria (Zhanet *et al.*, 2007; Lee *et al.*, 2003). Carbapenemases are enzymes secreted by bacteria which are relatively new and they have the ability to spread very rapidly. They confer resistance to the carbapenems as well as extended spectrum cephalosporins. There are various systems to classify them. According to the Ambler classification scheme, carbapenemases fall into class A (KPC, SME, NMC-A, IMI, GES), class B (IMP, VIM, NDM), and D (OXA enzymes) (Paterson *et al.*, 2005). Carbapenemases are spreading throughout the world as the genes for most carbapenemases are plasmid mediated and are located on mobile cassettes inserted on variable regions in integrons resulting in enhanced potential for expression and dissemination (Henry *et al.*, 2011). Identification and detection of carbapenemases producing organisms will guide the hospital infection control committee in preventing spread of multidrug resistant isolates and can quickly detect any outbreak of these organisms in critical care settings of hospital.

## Materials and Methods

The study was carried out in the Department of Microbiology, of an urban tertiary care centre of western Maharashtra from Dec 2012 to Jul 2014 after institutional ethical committee clearance. Consecutive, non-repeat isolates of NFGNB were collected from clinical samples from inpatients of acute wards of a tertiary care centre. Detailed clinical history was recorded.

## Sample processing

The clinical samples were processed and speciation of isolates was done by standard laboratory protocols (Collee *et al.*, 2011; Govan *et al.*, 2011).

## Antibiotic susceptibility testing

Screening for carbapenem resistant NFGNB from the routine clinical samples was done by using 10µg imipenem discs (Fig. 1). Antibiotic susceptibility testing was performed on all NFGNB isolates by using Kirby-Bauer disc diffusion method as per CLSI guidelines 2012 (Fig. 2 and 3) (CLSI, 2012).

## Genotypic methods

The presence of genes responsible for carbapenemases production like KPC, MBLs(VIM, NDM) and Oxacillinases OXA-48, OXA-23, OXA-24, OXA-51, OXA-58 was done by PCR. In house strains were used as positive and negative controls.

## Primers and cycling conditions

Primers used for detection of OXA-23, OXA-24, OXA-51 and OXA-58 were referenced from a study by Huang *et al.*, and for NDM, KPC, VIM and OXA-48 by Van der Zee *et al.*, Monoplex PCR was performed on all isolates that were positive by multiplex PCR to differentiate between (OXA-23 and OXA-51), (NDM and VIM) (Fig. 4 and 5).

## Statistical analysis

Data in the present study was entered into spreadsheet (Excel 2007; Microsoft) for analysis. Unpaired student's t-test was used to measure test of significance for quantitative variables and Chi-square test for qualitative variables. Yate's correction was applied to the Chi-square test whenever frequency of variable was less than 5. All tests were two-tailed and a *p* value <0.05 was taken as "Significant". All tests were done using online GraphPad software:

<http://www.graphpad.com/quickcalcs/contingency2/and>

<http://www.graphpad.com/quickcalcs/ttest2/>

## Results and Discussion

A total of 296 isolates of NFGNB were collected. Most common isolate collected during the present study was *Acinetobacter baumannii* (132) followed by *Pseudomonas aeruginosa* (121), *Stenotrophomonas maltophilia* (20), *Alkaligenes faecalis* (8), *Burkholderia cepacia* (4), *Sphingomonas paucimobilis* (4), *Achromobacter denitrificans* (2), *Pseudomonas fluorescens* (2), *Pseudomonas putida* (2) and *Burkholderia pseudomallei* (1). NFGNB was most commonly isolated from tracheal aspirate (101) followed by blood (76), pus (51), urine (25), sputum (11), body fluids (13) and other miscellaneous samples (19). Most samples in the present study were received from ICU-surgery (128) followed by general surgery ward (58), ICU-medicine (54), general medicine ward (24), general orthopaedics ward (14) and ENT ward (6).

94 isolates of *A.baumannii* were imipenem resistant. 63 isolates of *P.aeruginosa* were imipenem resistant. Thirty isolates of non-fermenters other than *A.baumannii* and *P.aeruginosa* were imipenem resistant. More than 90% of imipenem resistant isolates of *A. baumannii* (IRAB) were resistant to most other antibiotics. Piperacillin was resistant in all isolates. Polymixin B and Colistin were sensitive in 95.74% and 91.48% of IRAB.

More than 90% of isolates of imipenem resistant *Pseudomonas aeruginosa* (IRPA) were resistant to most antibiotics. Piperacillin was resistant in all imipenem resistant isolates. 95.23% of IRPA were sensitive to aztreonam. Polymixin B and Colistin were sensitive in 98.41% and 96.82% of IRPA isolates.

## PCR

Out of 94 IRAB, OXA-51 was present in 72

of isolates, OXA-23 in 62, NDM in 56 and VIM in 26 isolates. 42 isolates had OXA-23, OXA-51 and NDM combination. KPC, OXA-24, OXA-48, OXA-58 was not detected in any IRAB isolate. In 14 IRAB isolates no resistance genes was detected.

Out of 63 IRPA isolates NDM was present in 39, VIM in 33 and OXA-48 in 5 isolate. OXA-23, OXA-24, OXA-51, OXA-58 and KPC were not detected in any isolate. In 16 isolates no genes under study were detected.

PCR was negative for any gene under study in non-fermenters other than *A. baumannii* and *P. aeruginosa*.

## Risk factor assessment (Table 1)

Overall 72 patients died out of 296 patients harbouring NFGNB. Fifty one patients died from whom imipenem resistant strains were isolated. However there was no statistical significance seen in death of patients between imipenem sensitive and resistant isolates.

The mean duration of hospital stay in IRAB was 33.22 days and in ISAB was 22.11 days. The difference in mean duration of hospital stay in cases of IRAB and ISAB was not statistically significant. The mean duration of hospital stay in IRPA was 39.10 days and 22.38 days in ISPA. The difference in mean duration of hospital stay in ISPA and IRPA was statistically significant with a *p* value of 0.0121. Previous history of hospitalisation was seen in 33 patients infected with IRAB and in 12 patients with ISAB. The difference was not found to be statistically significant. Previous history of hospitalisation was seen in 32 patients infected with IRPA and in 19 patients with ISPA. The difference was found to be statistically significant with a *p* value of 0.0447.

Surgical intervention was there in 57 patients infected with IRAB and in 15 patients with

ISAB patients. The difference was found to be statistically significant with a  $p$  value of 0.0270. Surgical intervention was seen in 40 patients infected with IRPA and in 25 patients with ISPA patients. It was statistically significant with a  $p$  value of 0.0246.

39 patients infected with IRAB and 10 patients infected with ISAB had mechanical ventilation. The difference was not found to be statistically significant. Intervention of mechanical ventilation was found to be a statistically significant risk factor for infection with IRPA with a  $p$  value of 0.0490. Treatment with carbapenems earlier in course of disease or in recent past was not found to be a significant risk factor.

Fifty seven patients with IRAB and 12 patients with ISAB were immunocompromised. This was found out to be a significant risk factor with a  $p$  value of 0.0243. 44 patients with IRPA and 29 patients with ISPA infection were immunocompromised. This was statistically significant with a  $p$  value of 0.0258.

The burden of infectious diseases is among the highest in India making the treatment with antibiotics play a huge role in determining mortality and morbidity (Choudhury *et al.*, 2012). Ease of mobility by human due to travel, allow different bacterial plasmid and clones to be transported to different countries. Selection pressure for carbapenem resistance is a major concern as only a few antibiotics are there which are reserved for resistance beyond the carbapenems. Most isolates however still are sensitive to colistin and tigecycline.

A total of 296 samples were collected during the study period. The most common isolate was *Acinetobacter baumannii*, followed by *Pseudomonas aeruginosa*. Imipenem resistance was seen in 63.1% of total isolates.

Literatures from SE Asia mention prevalence of carbapenem resistance in non-fermenters varying from 36 to 90% (Goel *et al.*, 2011). Considering sample wise distribution, most samples from which non-fermenters were isolated were those from tracheal aspirate (34.12%) followed by blood (25.67%), pus (17.22%), and urine (8.44%). Amudhan *et al.*, had predominant NFGNB isolates from respiratory secretions (Amudhan *et al.*, 2012). Kalidas *et al.*, isolated non-fermenters predominantly from pus (Rit *et al.*, 2013).

71.21% of *Acinetobacter baumannii* were imipenem resistant. Most of these IRAB isolates were from ICU-surgery followed by ICU-medicine and surgery ward. This is similar to the finding by Baran *et al.*, (2008) who found IRAB more in ICUs than in wards and Khajuria *et al.*, (2014) who reported that among his imipenem resistant isolates most isolates were from ICU-surgery.

52.06% of *Pseudomonas aeruginosa* were imipenem resistant. Bhalerao, Behera and Onguru *et al.*, (2010; 2008; 2008) have reported imipenem resistance in *P. aeruginosa* at 67.5%, 69% and 44.1% respectively. Most IRPA came from ICU-surgery (39.68%) followed by ICU-medicine and surgery wards (20.63%).

Among IRAB, 76.59% of isolates were positive for OXA-51, 65.95% were OXA-23 positive. Khajuria *et al.*, (2014) had 44.76% of his isolates positive for OXA-51 and 52.38% were positive for OXA-23. His study also found OXA-58, OXA-24 in his isolates, which were lacking in our study. 9.5% isolates were both OXA-23 and OXA-51 positive. 44.68% isolates were positive for OXA-23, OXA-51 and NDM. 1.06% of isolates were positive for only NDM or VIM. Total 27.65% of isolates were positive for VIM. Amudhan *et al.*, (2012) reported 45.68% of resistant isolates to harbour VIM.

11.7% isolates were positive for OXA-23, OXA-51, NDM and VIM. Niranjana *et al.*, reported that OXA-51, VIM-1 and IMP-1 were present in all isolates of *A. baumannii*. They also found OXA-23 in 46.66% of isolates and no isolate was positive for OXA-24 and OXA-58 (Niranjana *et al.*, 2013). In our study also multiple resistance genes were seen to be present in a single isolates and there was presence of MBL genes with class D carbapenemases and none of the isolates were positive for OXA-24 and OXA-58. In the present study we found NDM in 59.57% of imipenem resistant isolates whereas Niranjana *et al.*, found NDM in about 30% isolates and Farzana found 26.6% of IRAB to be NDM. In all 71.27% of IRAB were MBL by molecular methods. Farzana *et al.*, 2013 found all his IRAB as MBL producers. The presence of NDM emphasizes the instant reception of *A.baumannii* to carbapenemase genes. OXA-23 is present in class I integrons which can also carry genes for resistance to drugs like aminoglycosides and fluoroquinolones. These integrons can be easily transferred to other gram negative bacteria by “genetic capitalism”. No isolate was positive for OXA-24, OXA-58, KPC and

OXA-48. The isolates negative for test genes in PCR can have genes other than these test genes for carbapenem resistance. In IRPA, overall 61.9% of isolates were positive for NDM, 52.38% for VIM and 7.9% were OXA-48 positive. 42.85% had both NDM and VIM, 14.28% of isolates were only NDM positive and 9.52% were only VIM positive. Farzana detected NDM in 18.75% of IRPA isolates. Chaudhary *et al.*, (2014) reported the presence of OXA-48 in their carbapenem resistant *P.aeruginosa* isolates. We found 7.9% of isolates to be positive for OXA-48. 25.39% of IRPA isolates were negative for any resistance genes tested. In imipenem resistant isolates of *A.baumannii* it was seen that most isolates were resistant to first line antibiotics. However the isolates were consistently susceptible to colistin and polymixin Khajuria *et al.*, and Shivaprasad *et al.*, found that most of their isolates were susceptible to tigecycline and colistin. The same observation was seen in case of *P.aeruginosa* in which also most of the first line antibiotics were resistant over 90% except for polymixin B, colistin, and aztreonam.

**Table.1** Comparison between imipenem sensitive and resistant isolates considering various risk factors

Risk factors	No of IRAB	No of ISAB	p value	No of IRPA	No of ISPA	p value
Mean duration of hospital stay (SD)	33.22 (41.09)	22.11 (22.61)	0.1182	39.10 (41.05)	22.38 (29.61)	<b>0.0121</b>
Previous H/O hospitalization	33	12	0.6987	32	19	<b>0.0447</b>
Surgical intervention	57	15	<b>0.0270</b>	40	25	<b>0.0246</b>
Mechanical ventilation	39	10	0.1023	22	11	<b>0.0490</b>
Treatment history with carbapenems	31	7	0.0944	15	11	0.5169
Immunocompromised status	57	12	<b>0.0243</b>	44	29	<b>0.0258</b>

Fig.1 Imipenem resistant *Pseudomonas aeruginosa*

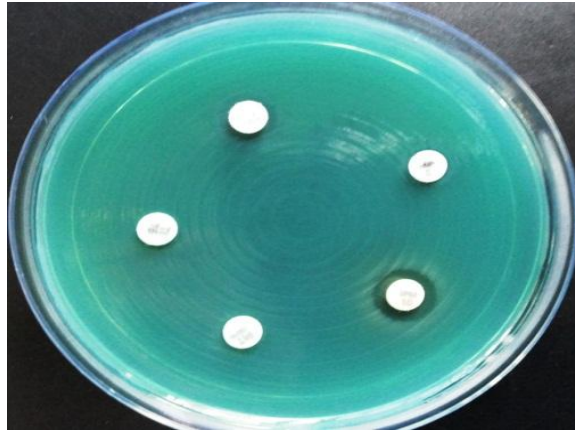


Fig.2 Antibiotic profile of imipenem resistant *A. baumannii*

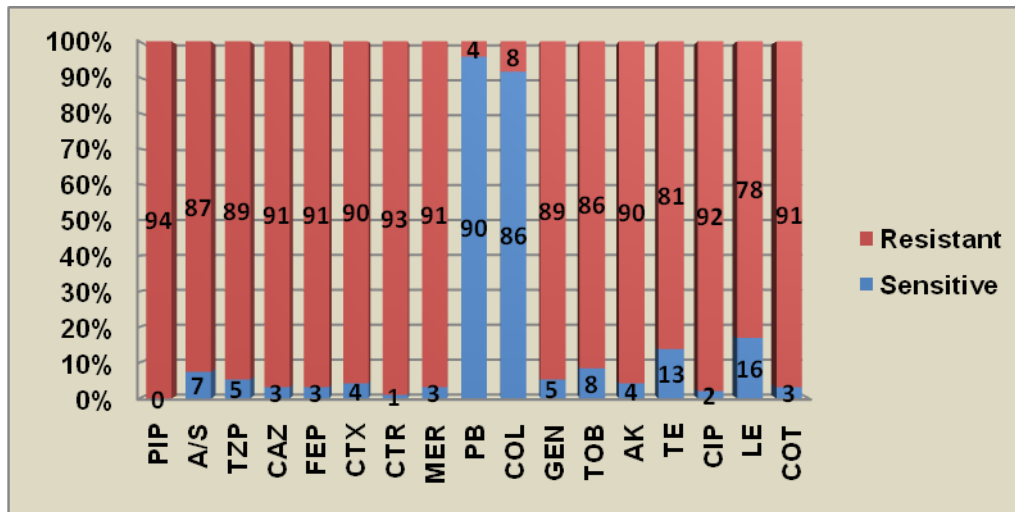
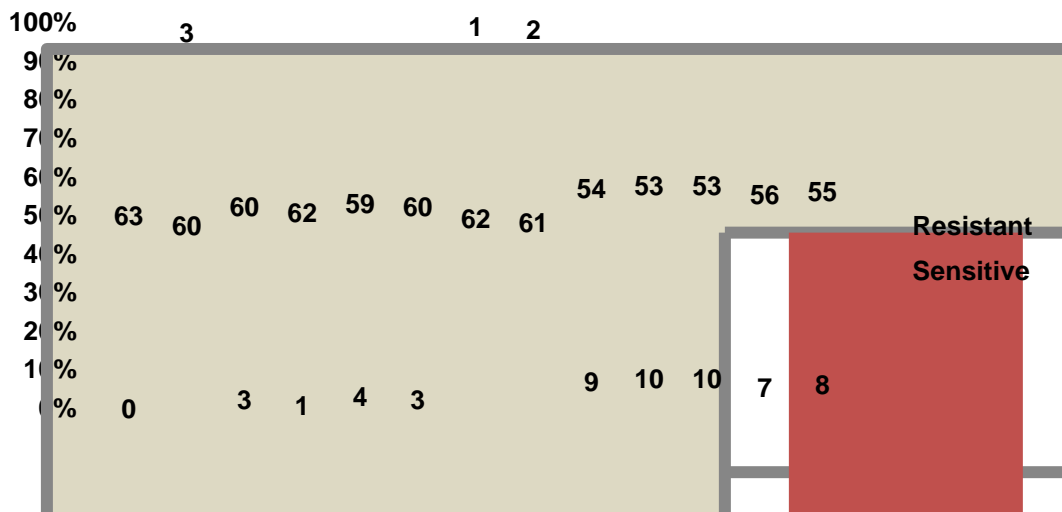
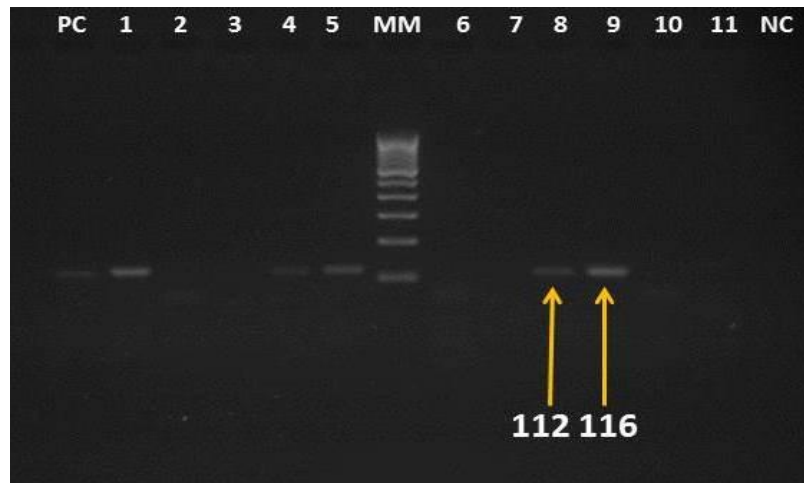


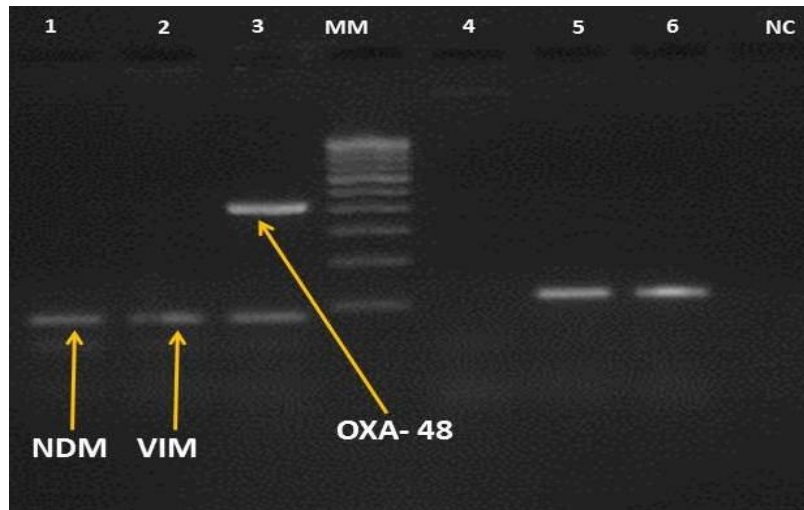
Fig.3 Antibiotic profile of imipenem resistant *Pseudomonas aeruginosa*



**Fig.4** Gel electrophoresis result showing OXA-23 (116 bp), OXA-51 (112 bp), MW-Molecular marker, NC-negative control, PC-positive control



**Fig.5** Gel electrophoresis result showing NDM (83bp), VIM (92bp), OXA-48 (438 bp) MM-Molecular marker, NC-negative control



Onguru *et al.*, (2008) reported the presence of more than 70% resistance to most antibiotics in IRPA. Amudhan *et al.*, and Behera *et al.*, found that 91.8% and 87.5% of their imipenem resistant *P. aeruginosa* isolates were polymixin B sensitive. Colistin and polymixin B are considered as drugs of last resort in carbapenem resistant NFGNB hence should be used judiciously (Al-Anazi, 2014).

The patients harbouring IRPA isolates had a

significant increase in duration of stay in hospital. Onguru *et al.*, (2008) reported that longer duration of hospital stay was associated with infection with IRPA.

Previous history of hospitalisation was seen as a significant finding for infection with IRPA infection. Zavascki and Harris *et al.*, (2005; 2002) reported hospitalisation in the previous year as a significant risk factor for infection with IRPA. History of surgical

intervention was found to be a significant finding for harbouring IRAB and IRPA infection. Baran reported that surgical intervention was significantly associated with infection with IRAB infection. Mechanical ventilation was seen to be associated with IRPA infection. Zavascki *et al.*, (2005) had mechanical ventilation as a significant risk factor for infection with IRPA. Immunocompromised state was found to be a significant risk factor for IRAB and IRPA infection.

Simple methods like adherence to hand hygiene practices, suction and ventilator decontamination and environmental cleaning can go a long way to reduce containment of infections. Hence consensus and co-operation among hospital staff, strong infection control guidelines and antibiotic stewardship must be in place in critical care settings to prevent infection due to multidrug resistant bacteria

In conclusion, multiple mechanisms of carbapenem resistance are present in NFGNB. The carbapenem resistance mechanism in NFGNB in our hospital setting is mostly because of metallo- $\beta$ -lactamases (VIM, NDM) and Oxacillinases enzyme (OXA-23, OXA-51 type). One or more types of mechanisms might be acting synergistically to cause high level carbapenem resistance. The carbapenem resistant NFGNB strains isolated in our hospital are mainly from ICU and these isolates are multi drug resistant. Since there are limited treatment options against these, continuous vigilance, early identification and treatment is very important to prevent further spread. Constant and regular monitoring of the incidence of such organisms in various critical areas of the hospital like ICU and acute medical units, prompt recognition of potential areas of colonisation and getting rid of them is the only important preventive strategy. To keep this problem in check, simple infection control measures like proper

hand washing, adherence to infection control guidelines and antibiotic stewardship must be followed and time to time revision must be done.

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