

Original Research Article

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Effect of 1-Methylcyclopropene and Polyhexamethylene Guanidine on Postharvest Quality of Banana (*Musa paradisiaca*) cv. Yelakki

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ABSTRACT

Keywords

Banana, Colour change, Decay loss, 1-MCP, PHMG, Respiration rate, Shelf life.

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A study was undertaken to manage two factors that are responsible for reduced market value in banana cv. Yelakki namely ethylene biosynthesis and microbial deterioration. Freshly harvested stage 2 banana fruits treated with chemicals, 1-methylcyclopropene (1-MCP) and poly hexa methylene guanidine (PHMG) at different concentrations and stored in corrugated fiber board boxes at ambient condition for 15 days. The fruits treated with combination of 1-MCP (20 ppm) and PHMG (2.0%) showed lower fruit respiration rate (0.02-0.15mg CO₂ kg⁻¹ h⁻¹), lower PLW (3.89-18.83%) and low decay loss (16.54%). This treatment was also found to have components such as chlorophyll content, firmness, ascorbic acid, total soluble solids, total sugars and pectin, mineral contents *viz.* calcium, magnesium and potassium on higher side at the end of 15 days storage. Regression studies of the experiment showed a positive and significant association with ripening rate (0.43), colour change (0.56), PLW (0.85), moisture (0.16), TSS (0.49), total sugars (0.62), pectin (0.43), calcium (0.35), potassium (0.29) and decay loss (0.64) and it was negative for firmness (-0.29) and ascorbic acid (-0.15). The treated fruits showed significantly higher shelf life of 15 days however, the scores of sensory analysis *viz.* colour, taste, texture, flavor and overall acceptability were poor.

Introduction

Banana (*Musa paradisiaca*) is one of the most important tropical fruit crops of the family Musaceae, native to tropical regions of South-East Asia and cultivated widely in subtropical regions. The cultivar Yelakki banana is a geographical indicator of Mysore, Karnataka, India (Usha Rani and Kishor Kumar, 2013). Banana, being a climacteric fruit it is harvested at different maturity levels based on

purpose and distance of transportation. It has two systems of ethylene production.

System 1, a low basal rate of ethylene production occurs during maturation and system 2, a characteristic autocatalytic climacteric rise in ethylene production (McMurchie *et al.*, 1972) after maturation.

Commercially, bananas are induced to ripen with ethylene which reduces the marketing life from 3 to 5 days depending on ethylene treatment conditions and holding temperature after treatment. Generally fruit ripening is characterized by loss of green colour, softening of pulp, accelerated metabolic process followed by shriveling and rotting (Chun, 2010). The presence of ethylene in the atmosphere has been a major concern for unripe climacteric fruits during postharvest handling, as it is known to accelerate ripening, senescence, abscission and physiological disorders. The action of ethylene must be avoided during storage and transportation to limit the ethylene biosynthesis and fast removal of ethylene emitted from the surrounding atmosphere of produce. A simple physical method to prevent ethylene accumulation is to ensure good air circulation inside the storage room and ventilation (Wu, 2010). Use of ethylene absorbents such as potassium permanganate on vermiculite in packages are in vogue for oxidizing ethylene release from fresh produce and enhancing the shelf life of fruits (Pereira Silva *et al.*, 2009). A new innovative tool, 1-methylcyclopropene (1-MCP) an ethylene action inhibitor, has been added to the above list of options for extending the shelf life and quality of fresh horticultural produce. At standard temperature and pressure, 1-MCP is a gas with a molecular formula of C_4H_6 . It is thought to occupy ethylene receptors such that ethylene cannot bind and elicit action (Pereira Silva *et al.*, 2009). The affinity of 1-MCP for the receptor is approximately 10 times greater than that of ethylene and compared with ethylene, 1-MCP is active at much lower concentrations (Sisler and Serek, 1997).

Spoilage is another problem in banana fruits caused by microorganisms mainly anthracnose, cigar end rot and crown rot caused by *Colletotrichum*, *Verticillium* and

Acremonium, respectively both in field and after harvest. Postharvest diseases can cause serious losses of fruits both in terms of quantity and quality (Nelson, 2008). Poly hexa methylene guanidine (PHMG) is one efficient, multipurpose cationic polymer used as bactericide, fungicide, disinfectant, preservative and sanitizer. Its action is very fast and its single molecular nature works as a great disinfectant, at least 20 times and up to 1000 times more effective than silver and H_2O_2 respectively. It is a safe and environmentally friendly type of disinfectant, decontaminates the ready to eat fruits and vegetables, extends the shelf life and protects the raw and post harvest fruits and vegetables. PHMG has zero toxicity and no irritation to human's skin.

The postharvest life of banana is limited by physiological deterioration, which leads to decay via disease development and since the fruits contain a wide range of organic substrates, high water activity, and thus are good substrates for microbial spoilage. There is a need to monitor and manage the fruit quality and disease severity during postharvest life of banana, hence the effect of 1-methylcyclopropene and poly hexa methylene guanidine to control ethylene biosynthesis and microbial deterioration on postharvest quality of banana (*musa paradisiaca*) cv. Yelakki is studied.

Materials and Methods

Banana cv. 'Yelakki' was harvested at mature green (second stage), from the farm practicing good horticultural practices nearby experimental site. The harvesting was done manually in the cool hours; harvesting maturity was decided based on criteria such as change in fruit skin colour from dark green to light green, reduced fruit detachment force and disappearance of angularity on the fingers. Fruits were subjected to sorting and

grading operation on arrival to the laboratory to maintain homogeneity in the experiment. The fruits of banana cv. Yelakki were divided into five lots and each lot (treatment) contained two kg of fruits.

There were treatments; T₁- Control, T₂ - PHMG @ 1.50% + 1-MCP @ 15ppm, T₃- PHMG @1.50% + 1-MCP @ 20ppm, T₄- PHMG @ 2.0% + 1-MCP @ 15ppm and T₅- PHMG @ 2.0% + 1-MCP @ 20ppm and were replicated four times.

The required quantity and concentration of PHMG solution was prepared freshly for application on fruits, 1.50 and 2.0 per cent of PHMG solution was prepared using distilled water, fruits were dipped in the solution for 5 minutes and air dried and then subjected for 1-MCP fumigation.

The tablet form of 1-MCP was powdered and 15 and 20 mg of 1-MCP dissolved in 1000ml of distilled water to obtain 15 and 20 ppm solution respectively. 20ml of each concentration was taken in a 25ml beaker and placed in air tight zip lock polyethylene covers along with banana fruits for fumigation immediately after preparation at ambient condition. The fruits were removed from fumigation chamber after 6 hours of exposure. Banana fruits treated with both chemical along with control were stored in corrugated fibre board boxes at ambient temperature condition (25 to 31⁰C) and relative humidity (51 to 70%).

The parameters like firmness, TSS, titratable acidity, reducing sugar, total sugar, ascorbic acid, pectin content, mineral content respiration rate and decay loss were estimated by using standard procedures (AOAC, 1980). A visual colour score was given to each stage of fruit ripening and the co-efficient of ripening was calculated using the following formula.

Coefficient of ripening =

$$\frac{\sum (\text{No. of fruits at a particular ripening stage} \times \text{its score})}{\text{Total number of fruits}}$$

Total number of fruits

Ripeness test was also done by using NIR (Near infrared) instrument (DA meter, Make: Bologna, Italy) based on chlorophyll degradation and same is correlated with the TSS, firmness, acidity, ascorbic acid, sugars, pectin and minerals.

Respiration rate was measured using the static head space technique. Five fruits from each replication were selected at random and enclosed in a hermetically sealed container (3000 mL) fitted with a silicon rubber septum for 3 hours. The concentrations of O₂ and CO₂ were recorded in the head space of the container by piercing the probe of an auto oxygen / carbon dioxide analyzer (Make: Quantek, Model: 902D Dual track) into the container through the septa fixed on the lid of container and direct reading was noted down from the instrument screen. The CO₂ evolution was expressed in mg kg⁻¹ h⁻¹.

Fruits from each treatment were taken to record the physiological loss in weight. The weight of the fruits was recorded using electronic weighing balance (Model: Essae, DS-852, Teraoaka Ltd.) before storage. Thereafter, the weights were recorded regularly during storage.

The firmness of the fruit, at equatorial region, was measured as the force required for puncturing the fruits using a fruit firmness tester (Model FT110, Make: Tarnai, Italy). A probe of 8 mm diameter was used, with 13 kg capacity. The firmness was recorded and expressed as (kg cm²⁻¹). The moisture of banana fruit was measured at regular intervals. Five grams of fruit pulp sample was taken and cut in to small pieces and placed in

Sartorius electronic moisture analyzer (Model: MA 35) and the direct reading was noted down from the instrument screen and expressed in per cent.

Banana fruits were finally assessed for their sensory features such as color, taste, flavor, texture / body and absence of defects before and after storage period as initial and final observation by a panel of judges using composite scoring test (Barrett, 2010). All the experiments were laid out in simple completely randomized design (CRD), were analyzed by using SPSS 16.0 software (Sunder Raj *et al.*, 1972) and also subjected for regression analysis.

Results and Discussion

Effect of 1-MCP and PHMG on fruit ripening rate

The ripening rate of banana fruits is expressed as co-efficient of ripening with a score of 1 to 7, where 1 indicates unripe stage and 7 indicates over ripe stage. As shown in Fig.1, the ripening rate of the banana fruits during storage increased from the harvest till the end of their storage life, irrespective of the pre-treatments given. However, as depicted in Table 1, there was a significant delay in the ripening rate of 1-MCP and PHMG treated fruits at all the treatments except control.

The delayed ripening of banana when treated with 1-MCP is scientifically documented by the fact that 1-MCP is strong inhibitor of ethylene. Upon harvesting of banana fruits, they continue to produce ethylene through methionine *via* intermediates S-adenosyl-methionine (SAM) and 1-aminocyclopropane-1-carboxylic acid (ACC). ACC synthase (ACS) convert SAM to ACC and ACC Oxidase (ACO) convert ACC to ethylene, where ready for its ripening action. At this stage 1-MCP is known to bind ethylene

receptors in banana fruit, giving no chances for ethylene action, transformed in to low respiration rate and hence longer shelf life. Over the time, the fruits start to synthesize new ethylene receptors thus returning the ethylene sensitivity. Similar results of reduced ripening rate by 1-MCP were confirmed by (McMurchie *et al.*, 1972; Saltveit, 1999; Yueming *et al.*, 1999; Kader and Saltveit, 2003; Kays and Paull, 2004; Barry and Giovannoni, 2007; Wills *et al.*, 2007; Lin *et al.*, 2009).

Effect of 1-MCP and PHMG on respiration rate

The respiration rate of banana fruits treated with 1-MCP and PHMG in combination had shown a significantly lower respiration rate than control fruits throughout their storage life. As evident from the Table 2, the respiration rate had increased rapidly from initial 1st day to 7th day of storage. However, 1-MCP and PHMG treatments had shown a significantly lower respiration rate on the 7th day. The combination effect of 1-MCP and PHMG showed a gradual increase in respiration rate up to 15th day of storage.

One of the very basic principles of postharvest management of banana fruit is to reduce respiration rate there by prolonging the shelf life. This principle is addressed in this study by use of 1-MCP on fruits.

Bananas treated with 1-MCP had suppressed the respiration rate which indicates the role of ethylene in triggering the respiration rate of banana fruits. In the present study, reduced respiration rate was found in 1-MCP treated fruits as presented in the Fig.1. The suppression of respiratory rates of banana fruits in response to 1-MCP treatment has been reported previously (Clara *et al.*, 2002; Eduardo *et al.*, 2006).

Table.1 Effect of 1-methylcyclopropene and polyhexamethylene guanidine on ripening rate of banana fruits during storage

Treatments	D1	D2	D3	D4	D5	D6	D7	D8	D9	D10	D11	D12	D13	D14	D15	D16	D17	D18	D19	D20
T1	1.32	1.32	3.55	4.69	5.17	5.49	7.00	---	---	---	---	---	---	---	---	---	---	---	---	---
T2	1.29	1.29	2.55	2.82	3.47	3.47	3.47	3.47	3.94	3.94	5.45	---	---	---	---	---	---	---	---	---
T3	1.23	1.23	2.30	3.94	3.82	3.82	3.82	3.82	3.94	3.94	5.54	---	---	---	---	---	---	---	---	---
T4	1.33	1.33	2.32	5.76	5.76	5.76	5.76	5.76	5.78	5.78	5.76	---	---	---	---	---	---	---	---	---
T5	1.20	1.20	2.78	4.35	4.35	4.35	4.35	4.35	4.35	4.35	4.34	---	---	---	---	---	---	---	---	---
T6	1.29	1.29	1.29	1.52	1.52	1.52	1.52	1.52	2.41	2.41	2.41	3.02	3.02	3.02	3.35	3.65	4.12	4.12	4.35	5.65
T7	1.16	1.16	1.16	1.23	1.23	1.23	1.23	1.23	2.57	2.57	2.57	2.70	2.70	2.94	3.84	3.87	4.66	4.66	4.86	5.17
T8	1.12	1.12	1.12	1.16	1.16	1.16	1.16	1.16	2.66	2.66	2.66	2.90	2.90	2.90	3.08	3.54	4.51	4.51	4.35	5.43
T9	1.18	1.18	1.18	1.17	1.17	1.17	1.17	1.17	2.56	2.56	2.56	2.87	2.87	2.87	3.04	3.40	4.11	4.11	4.39	5.35
S. Em ±	0.003	0.003	0.005	0.009	0.048	0.048	0.049	0.048	0.007	0.007	0.008	0.010	0.010	0.010	0.014	0.006	0.005	0.005	0.006	0.006
CD @ 5%	0.010	0.010	0.015	0.028	0.139	0.139	0.144	0.139	0.021	0.021	0.024	0.029	0.029	0.029	0.040	0.018	0.016	0.016	0.016	0.019

Note:

D: No. of days

---Treatment terminated

Ripening score: (1: unripe, 2: quarter ripe, 3: half ripe, 4: three quarter ripe, 6: full yellow, 6: full ripe, 7: over ripe)

Treatments: T1: control, T2: PHMG @ 0.5%, T₃ PHMG @ 1%, T₄ PHMG @ 1.5%, T₅ PHMG @ 2.0%, T₆1-MCP @ 5ppm, T₇1-MCP @ 10ppm, T₈1-MCP @ 15ppm, T₉1-MCP @ 20ppm

Table.2 Effect of 1-methylcyclopropene and polyhexamethylene guanidine on respiration rate (mg CO₂ kg⁻¹ h⁻¹) of banana fruits during storage

Treatments	D2	D3	D4	D5	D6	D7	D8	D9	D10	D11	D12	D13	D14	D15	D16	D17	D18	D19	D20
T1	0.09	0.11	0.13	0.14	0.24	0.28	---	---	---	---	---	---	---	---	---	---	---	---	---
T2	0.08	0.10	0.11	0.12	0.15	0.21	0.23	0.24	0.24	0.26	---	---	---	---	---	---	---	---	---
T3	0.08	0.09	0.10	0.11	0.15	0.21	0.23	0.24	0.25	0.26	---	---	---	---	---	---	---	---	---
T4	0.07	0.09	0.09	0.11	0.14	0.22	0.22	0.23	0.24	0.27	---	---	---	---	---	---	---	---	---
T5	0.06	0.09	0.10	0.11	0.14	0.20	0.21	0.22	0.23	0.25	---	---	---	---	---	---	---	---	---
T6	0.01	0.02	0.02	0.02	0.02	0.03	0.03	0.04	0.06	0.07	0.07	0.08	0.07	0.10	0.09	0.15	0.19	0.22	0.26
T7	0.01	0.02	0.02	0.02	0.03	0.03	0.03	0.04	0.04	0.05	0.07	0.08	0.08	0.08	0.10	0.12	0.17	0.20	0.26
T8	0.01	0.01	0.01	0.01	0.02	0.02	0.02	0.03	0.03	0.04	0.05	0.06	0.07	0.07	0.09	0.11	0.15	0.17	0.24
T9	0.01	0.01	0.01	0.01	0.01	0.02	0.02	0.04	0.04	0.04	0.05	0.05	0.06	0.06	0.08	0.09	0.13	0.15	0.22
S Em±	0.000	0.001	0.001	0.001	0.001	0.003	0.002	0.003	0.003	0.003	0.000	0.000	0.000	0.000	0.000	0.002	0.000	0.000	0.002
CD 5%	0.001	0.000	0.003	0.004	0.004	0.009	0.005	0.008	0.008	0.007	0.001	0.001	0.001	0.001	0.001	0.005	0.001	0.001	0.006

Initial respiration: 0.012(mg CO₂ kg⁻¹ h⁻¹)

Table.3 Effect of 1-methylcyclopropene and polyhexamethylene guanidine on cumulative physiological loss in weight (%) of banana fruits during storage

Treatments	D2	D3	D4	D5	D6	D7	D8	D9	D10	D11	D12	D13	D14	D15	D16	D17	D18	D19	D20
T1	0.89	2.45	3.05	5.94	7.72	12.18	---	---	---	---	---	---	---	---	---	---	---	---	---
T2	0.90	2.78	3.27	5.27	7.52	9.59	12.05	12.88	14.90	16.58	---	---	---	---	---	---	---	---	---
T3	0.86	2.16	2.90	4.81	6.54	8.43	10.04	11.22	15.57	17.09	---	---	---	---	---	---	---	---	---
T4	0.88	2.14	3.30	5.34	6.31	7.83	11.02	11.87	12.53	14.99	---	---	---	---	---	---	---	---	---
T5	0.78	1.91	3.16	5.19	7.33	6.38	9.84	13.04	13.37	14.77	---	---	---	---	---	---	---	---	---
T6	0.59	1.44	1.96	3.43	4.19	5.14	5.94	6.20	6.85	7.73	8.71	9.60	10.32	11.62	12.60	13.62	16.79	18.28	19.41
T7	0.69	1.59	1.96	3.62	4.57	5.33	6.27	6.71	8.24	9.32	10.53	11.67	12.67	14.59	16.47	17.71	19.27	20.44	22.04
T8	0.60	1.48	1.43	2.98	3.57	4.40	4.93	5.61	6.51	7.00	8.25	8.96	9.85	9.80	10.75	11.81	13.13	16.14	18.35
T9	0.65	1.35	1.58	2.79	3.17	4.38	4.67	5.24	6.56	7.40	8.15	8.64	9.51	10.62	11.70	12.31	12.70	17.41	18.50
S Em±	0.02	0.10	0.08	0.15	0.11	0.14	0.16	0.17	0.13	0.18	0.11	0.11	0.14	0.05	0.04	0.06	0.14	0.07	0.06
CD 5%	0.06	0.30	0.24	0.45	0.31	0.40	0.46	0.49	0.37	0.52	0.31	0.32	0.42	0.13	0.10	0.17	0.41	0.22	0.18

Table.4 Effect of 1-methylcyclopropene and polyhexamethylene guanidine on firmness (kg cm²-1) of banana fruits during storage

Treatments	D2	D3	D4	D5	D6	D7	D8	D9	D10	D11	D12	D13	D14	D15	D16	D17	D18	D19	D20
T1	8.33	7.11	6.48	3.89	2.74	1.71	---	---	---	---	---	---	---	---	---	---	---	---	---
T2	8.69	7.68	6.68	5.30	4.05	3.80	3.50	2.58	2.41	1.93	---	---	---	---	---	---	---	---	---
T3	8.56	8.25	7.95	7.50	6.80	3.86	3.31	2.73	2.23	1.96	---	---	---	---	---	---	---	---	---
T4	8.41	7.80	6.63	6.16	3.29	2.79	2.66	2.41	2.38	2.31	---	---	---	---	---	---	---	---	---
T5	9.31	8.31	7.11	6.75	4.74	3.60	2.70	2.61	2.51	2.25	---	---	---	---	---	---	---	---	---
T6	9.10	8.69	8.30	8.06	7.58	6.79	6.69	6.39	6.34	5.74	5.63	5.20	4.64	2.80	2.66	2.58	2.04	2.04	1.68
T7	9.50	9.19	8.98	8.73	8.50	8.11	7.69	7.08	6.38	5.84	5.60	5.00	4.70	4.38	2.88	2.70	2.39	2.13	1.41
T8	9.88	9.38	9.11	8.85	8.73	8.19	7.86	7.44	7.11	6.06	5.69	5.30	4.70	2.81	2.59	2.38	2.23	2.08	1.87
T9	10.75	10.38	10.01	9.58	8.78	8.09	7.86	7.21	6.85	6.71	6.10	5.99	4.31	2.74	2.50	2.39	2.45	1.94	1.91
S Em±	0.49	0.30	0.29	0.26	0.24	0.22	0.19	0.16	0.14	0.10	0.10	0.10	0.07	0.05	0.06	0.07	0.07	0.09	0.06
CD 5%	1.44	0.86	0.86	0.77	0.69	0.63	0.55	0.47	0.41	0.29	0.30	0.30	0.20	0.15	0.17	0.19	0.19	0.26	0.17

Initial firmness: 11.12

Table.5 Effect of 1-methylcyclopropene and polyhexamethylene guanidine on moisture (%) content of banana fruits during storage

Treatments	D2	D3	D4	D5	D6	D7	D8	D9	D10	D11	D12	D13	D14	D15	D16	D17	D18	D19	D20
T1	64.60	65.29	67.08	69.34	69.51	71.75	---	---	---	---	---	---	---	---	---	---	---	---	---
T2	64.25	65.25	67.00	69.13	69.29	70.92	70.92	72.10	69.49	68.59	---	---	---	---	---	---	---	---	---
T3	64.25	65.50	66.75	69.00	69.15	70.97	71.22	72.04	69.38	68.95	---	---	---	---	---	---	---	---	---
T4	64.13	65.13	67.50	68.75	68.94	70.28	70.53	72.03	69.15	68.70	---	---	---	---	---	---	---	---	---
T5	64.38	65.13	67.50	68.50	68.94	70.75	71.10	71.98	69.09	68.84	---	---	---	---	---	---	---	---	---
T6	63.63	64.00	64.38	64.63	64.88	65.38	65.63	65.88	66.38	66.75	67.25	67.75	68.00	68.25	69.00	69.75	70.75	71.50	71.00
T7	63.50	64.25	64.88	65.13	65.38	65.63	65.88	66.13	66.38	66.63	66.88	67.25	67.50	67.75	68.75	69.00	69.50	70.00	69.50
T8	63.54	63.79	64.53	64.78	65.28	65.75	65.75	65.75	66.00	66.25	66.63	66.88	67.13	67.25	67.75	68.00	68.75	69.25	69.25
T9	63.78	64.28	64.31	64.53	64.78	65.03	65.25	65.50	65.75	66.00	66.25	66.50	66.75	66.88	67.00	67.25	67.75	69.00	68.75
S Em±	0.45	0.60	0.70	0.60	0.66	0.55	0.50	0.32	0.23	0.35	0.20	0.28	0.21	0.19	0.02	0.01	0.01	0.01	0.64
CD 5%	1.20	1.80	2.04	1.75	1.94	1.60	1.47	0.94	0.68	1.00	0.59	0.83	0.62	0.54	0.05	0.02	0.02	0.02	1.87

Initial moisture: 63%

Table 6. Effect of 1-methylcyclopropene and polyhexamethylene guanidine on decay loss (%) of banana fruits during storage

Treatment	D5	D6	D7	D8	D9	D10	D11	D12	D13	D14	D15	D16	D17	D18	D19	D20
T1	16.66	24.99	34.59	---	---	---	---	---	---	---	---	---	---	---	---	---
T2	2.44	2.78	2.78	2.78	2.78	6.79	11.43	---	---	---	---	---	---	---	---	---
T3	0.00	0.00	5.72	5.72	5.72	7.85	7.85	---	---	---	---	---	---	---	---	---
T4	0.00	0.00	2.56	2.56	2.56	2.56	3.44	---	---	---	---	---	---	---	---	---
T5	0.00	0.00	2.13	2.13	2.13	2.13	2.13	---	---	---	---	---	---	---	---	---
T6	0.00	0.00	8.58	8.58	13.83	13.83	13.83	13.83	13.83	13.83	26.83	26.83	26.83	26.83	26.83	26.83
T7	3.34	3.34	3.34	3.34	3.34	8.58	8.58	14.93	14.93	14.93	18.90	18.90	18.90	18.90	18.90	18.90
T8	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	7.43	7.43	7.43	7.43	7.43	7.43
T9	3.34	3.34	3.34	3.34	3.34	10.08	10.08	12.78	12.78	16.63	29.54	29.54	29.54	30.24	30.24	30.24
S. Em ±	0.004	0.006	0.008	0.007	0.007	0.006	0.007	0.004	0.004	0.004	0.003	0.003	0.003	0.004	0.004	0.004
CD @ 5%	0.013	0.018	0.022	0.020	0.019	0.018	0.020	0.013	0.013	0.013	0.008	0.008	0.008	0.013	0.013	0.013

Table.7 Effect of 1-methylcyclopropene and polyhexamethylene guanidine on shelf life of banana fruits during storage

Treatments	No. of days
T ₁ Control	7.00
T ₂ PHMG @ 0.5%	11.00
T ₃ PHMG @ 1.0%	11.00
T ₄ PHMG @ 1.5%	11.00
T ₅ PHMG @ 2.0%	11.00
T ₆ 1-MCP @ 05ppm	20.00
T ₇ 1-MCP @ 10ppm	20.00
T ₈ 1-MCP @ 15ppm	20.00
T ₉ 1-MCP @ 20ppm	20.00
S. Em ±	0.45
CD @ 5%	1.31

Table.8 Regression studies on interaction effect of 1-MCP and PHMG on postharvest parameters with shelf life of banana

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
Treatment	1																	
Ripening rate	0.21**	1																
Respiration	-0.12*	0.55**	1															
Colour	0.16**	0.68**	0.70**	1														
PLW	0.36**	0.64**	0.51**	0.81**	1													
Moisture	0.48**	0.57**	0.38**	0.72**	0.60**	1												
Firmness	0.53**	0.01 ^{NS}	-0.32**	0.02 ^{NS}	0.02 ^{NS}	0.59**	1											
Acidity	0.33**	0.69**	0.60**	0.84**	0.79**	0.85**	0.18**	1										
Ascorbic Acid	0.22**	0.39**	0.30**	0.52**	0.26**	0.84**	0.60**	0.62**	1									
TSS	0.14*	0.64**	0.69**	0.81**	0.69**	0.64**	-0.10 ^{NS}	0.83**	0.44**	1								
Reducing Sugar	-0.02 ^{NS}	0.65**	0.78**	0.83**	0.69**	0.47**	-0.37**	0.77**	0.32**	0.84**	1							
Total sugar	0.02 ^{NS}	0.64**	0.75**	0.76**	0.72**	0.43**	-0.42**	0.78**	0.18**	0.83**	0.93**	1						
Pectin	0.14*	-0.05 ^{NS}	-0.22**	-0.04 ^{NS}	-0.14*	0.26**	0.49**	-0.09 ^{NS}	0.42**	-0.19**	-0.29**	-0.36**	1					
Ca	0.15**	-0.06 ^{NS}	-0.22**	-0.05 ^{NS}	-0.13*	0.24**	0.45**	-0.04 ^{NS}	0.41**	-0.18**	-0.24**	-0.34**	0.89**	1				
Mg	0.15**	-0.03 ^{NS}	-0.16**	-0.01 ^{NS}	-0.18*	0.26**	0.44**	-0.06 ^{NS}	0.45**	-0.15**	-0.24**	-0.32**	0.96**	0.90**	1			
P	0.12*	-0.02 ^{NS}	-0.16**	0.03 ^{NS}	-0.05 ^{NS}	0.24**	0.41**	-0.04 ^{NS}	0.43**	-0.15**	-0.22**	-0.30**	0.94**	0.89**	0.96**	1		
Decay loss	-0.08 ^{NS}	0.53**	0.42**	0.70**	0.71**	0.37**	-0.30**	0.67**	0.17**	0.67**	0.79**	0.77**	-0.35**	-0.31**	-0.32**	-0.26**	1	
Shelf life	0.19**	0.43**	0.42**	0.56**	0.85**	0.16**	-0.29**	0.52**	-0.15**	0.49**	0.58**	0.62**	0.43**	0.35**	0.39**	0.29**	0.64**	1

** Regression analysis is significant at 1% level, * Regression analysis is significant at 5% level

Fig.1 Banana fruits treated with 1-MCP+PHMG at 1, 5 and 15 days of storage



Effect of 1-MCP and PHMG on chlorophyll degradation

The chlorophyll content of banana fruit decreased with fruit ripening, the green pigment in unripe banana converted to carotenoids which is responsible for the characteristic yellow colour of ripe banana fruits.

Control fruits had shown decrease in chlorophyll content from day 1 to the 7th day of storage while, chlorophyll content significantly higher in all the other treatment. Later it decreased on 15th day of storage as shown in Fig.1.

Effect of 1-MCP and PHMG on physiological loss in weight, firmness and moisture Content

The physiological loss in weight (PLW) of 1-MCP and PHMG treated fruits was significantly lower than the control fruits during storage Table 3. The physiological loss in weight results mainly by the respiration and transpiration losses during the metabolic processes of fruits and also by atmospheric storage condition in terms of low relative humidity triggers the pressure difference between fruits and surrounding storage condition (Baile, 1975).

There was a significant decrease in firmness of banana fruits throughout the storage period as shown in the Fig. 2. The control fruits showed a decline in firmness from 11.7 kg per cm² at first stage to 1.80 kg per cm²) on the 7th day (Table 4). However, firmness was retained to a greater extent in 1-MCP and PHMG treatments. The firmness of the fruit tissue at harvest is mainly due to the physical properties of the individual cell walls and the middle lamella which contains the cementing pectic material (Sterling, 1975). As the fruit approaches ripening the tissue become soft

due to the degradation of the cell wall and the intercellular adhesive substances (Pantastico, 1975; Sterling, 1975).

The moisture content of banana fruits increased during ripening as presented in Table 5, this increase in moisture content is expected, as water arising from the osmotic withdrawal of moisture from the peel is reported to exceed the net water lost in banana pulp due to transpiration (Loesecke, 1950). The moisture content of banana fruit recorded significant variation among treatment during banana storage. The moisture content of untreated fruits was recorded higher compared to the treated fruits on 7th day of storage.

Decay loss (%)

The highest decay loss was recorded in untreated fruits up to the 7th day of storage and the fruits were discarded on 8th day (Table 6). While combination effect of 1-MCP and PHMG had shown significantly lower decay loss at the end of storage period. The 1-MCP and PHMG treated fruits had an extended storage life and lower spoilage intensity this is due to the delay in ripening caused by ethylene inhibition which might have increased its natural resistance to microbial infection.

Effect of 1-MCP and PHMG on storage life

Banana treated with 1-MCP and PHMG had shown a significant increase in storage life of 15 days at all treatments compared to control. The storage life (days to reach full ripe stage) of untreated fruits were found to be 7 days (Table 7). However, 1-MCP and PHMG treated fruits took 15 days to reach full ripe stage (Fig. 1). Shelf life of banana is interconnected with broader parameter such as physical, chemical, physiological and microbiological. In the present study it was

observed that, the dependent variable was shelf life and it was related to many different independent parameters as shown in Table 8. Shelf life exhibited positive and significant association with ripening rate (0.43), colour change (0.56), PLW (0.85), moisture (0.16), TSS (0.49), total sugars (0.62), pectin (0.43), calcium (0.35), potassium (0.29) and decay loss (0.64) while, it also showed negative and significant association with firmness (-0.29), ascorbic acid (-0.15).

In conclusion the storage life of banana fruits can be extended up to 15 days if pre-treated with 1-MCP and decay loss can be minimized to a larger extent when treated with PHMG. The best treatment combination of 1-MCP and PHMG on banana fruits had shown an increased storage life and reduced microbial contamination till the end of the storage period. This treatment had reduced the fruit respiration rate, physiological weight loss and low decay loss and at the same time retained firmness and had higher concentrations of ascorbic acid, total soluble solids, total sugars, pectin and minerals however gave poor acceptability scores for colour, taste, texture, flavor and overall.

Highlights

1-methyl cyclo propene significantly delayed the onset of ripening rate, respiration rate and colour change and poly hexa methylene guanidine showed the best results in reducing pathological breakdown and extended the shelf life up to 15 days with acceptable eating quality.

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