

Original Research Article

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Microbiological Profile of Neonatal Sepsis with Special Reference to Umbilical Stump Infections

S. Rajesh, R. Vidhya Rani* and T. Sundararajan

Department of Microbiology, Govt. Medical College, Salem Tamilnadu, Pin-636030, India

*Corresponding author

ABSTRACT

Neonatal sepsis is an important cause of mortality and morbidity in infants. This prospective study was done in a tertiary care hospital involving 65 neonates to study the microbiological profile of neonatal sepsis and to prove that umbilical sepsis is one of the important predisposing factors for neonatal sepsis. Premature rupture of membranes was the predominant maternal risk factor and preterm and low birth weight babies were important neonatal risk factors. Umbilical swab culture and Blood culture were performed for all neonates with various clinical manifestations of sepsis including signs and symptoms specific for umbilical infections (Omphalitis). The commonest organisms isolated from umbilical swab culture were *Coagulase negative Staphylococci* in 7 (35%), *Klebsiella pneumoniae* in 5 (25%), *Escherichia coli* in 3 (15%), *Staphylococcus aureus* in 3 (15%), *Citrobacter freundii* in 1 (5%) and *Acinetobacter species* in 1(5%). In 6 cases of septicemia, 3 cases with *Klebsiella pneumoniae* and 3 cases with *Coagulase negative staphylococci*, the same organisms were isolated in umbilical pus and blood suggesting that umbilical colonization had led to septicemia. Gram positive organisms were more susceptible to Linezolid, Vancomycin Ceftrixone and Ofloxacin. Gram negative organisms were more susceptible to Cefaperazone/sulbactam Piperacillin/Tazobactam and ofloxacin. Implementation of preventive strategies, as well as early and accurate diagnosis, and appropriate therapeutic management for newborns with umbilical infection with and without sepsis are essentially needed for developing countries.

Keywords

Neonatal sepsis,
Omphalitis
Coagulase negative
Staphylococci.

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Introduction

Neonatal sepsis is defined as a clinical syndrome of bacteremia with systemic signs and symptoms of infections within first four weeks of life.. Neonatal sepsis can be classified into two major categories as early onset and late onset depending on the onset of symptoms.

Early onset sepsis (EOS) occurs within the first week of life. The source of infection is generally the maternal genital tract. Some maternal/perinatal conditions have been associated with an increased risk of EOS (Mukhopadhyay *et al.*, 2009). Late onset sepsis (LOS) occurs in after the first week

until the end of the neonatal period. The source of infection in LOS is either hospital-acquired or community acquired and neonates usually present with septicemia, pneumonia or meningitis (Camacho-Gonzalez *et al.*, 2013). Neonatal infections currently cause about 1.6 million deaths annually in developing countries (Liu *et al.*, 2012).

Omphalitis or umbilical infections are common among newborns in developing countries and may predispose to life-threatening neonatal sepsis (Mullany *et al.*, 2009).

There is an uprise in the incidence in developing countries because the neonatal population includes mainly term babies looked after in high dependency units, with scarce supportive and monitoring equipment, overcrowding, poor staffing levels, and difficulty in providing even basic supportive treatment (Fikree *et al.*, 2005). Unsanitary delivery practices, poor hand washing, unclean delivery surfaces, and unsterile cord cutting and tying may contribute to umbilical stump infection (Bahl *et al.*, 2009). Coagulase-negative staphylococci are the major pathogen involved in late onset neonatal sepsis., particularly in infants born at a lower gestational age.

Aims and Objectives

1. To study the microbiological profile and to know the antimicrobial susceptibility pattern for early therapeutic intervention and decrease the Infant Mortality Rate.
2. To establish the importance of umbilical swab culture in diagnosing neonatal sepsis and incorporating it as one of the routine screening methods for the detection of neonatal sepsis

3. To prove that surface colonizing bacteria of umbilical stump are important in neonatal sepsis.

Materials and Methods

This is a prospective study done for two months from March- April 2016 at Government Mohankumaramangalam Medical College Hospital, Salem. The study group involved newborn babies upto one month of age with suspected neonatal sepsis.

Study procedure: The study is carried out after the clearance and approval by the Institutional Ethical Committee (IEC).

Inclusion Criteria

Newborn babies of age group upto one month that have risk of neonatal sepsis like

Maternal factors

Premature rupture of membranes, Prolonged labour, Chorioamnionitis Urinary Tract Infections Multiple vaginal examinations H/O intrauterine deaths or spontaneous abortions

Newborn factors

H/O any indigenous practises Preterm or prematurity Low apgar score Poor umbilical care

Use of invasive procedures like ET tube, chest drain or IV cannula with signs of neonatal sepsis like lethargy, refusal to suck, poor cry, not arousable, abdominal distention, diarrhea, vomiting, hypothermia, poor perfusion, fever, blank look, high pitched cry, chest retractions, grunt gasping, seizures, excessive crying shock, bleeding, renal failure, bulging fontanel, neck retraction,

Umbilical swab sample was collected from these babies which show signs of omphalitis like periumbilical erythema umbilical discharge (bloody, serosanguinous, purulent). A sterile swab wetted with normal saline is used to collect pus sample from around the umbilical stump. The wound is cleansed with normal saline and the swab is collected. Both pus and wound swabs were collected. 2 swabs one each for direct gram staining and aerobic bacterial culture were collected.

Blood samples were collected from peripheral veins using a sterile needle following sterile precautions and a volume of 1 to 2 ml was taken in a blood culture bottle containing Brain Heart Infusion (10-20 ml) broth and incubated for one week at 37°C. Subcultures were made on solid media (5 sheep blood agar and MacConkey agar) on alternate days and were incubated at 37°C for 24 hours. The grown bacteria were identified by colony morphology, Gram stain, motility and standard biochemical tests. Antimicrobial susceptibility testing done by Kirby – Bauer disc diffusion technique per CLSI guidelines.

Gram positive organisms were tested with the following antibiotic discs. Ampicillin (10mcg), Ofloxacin (5mcg), Cotrimoxazole (25mcg), Gentamicin(10mcg), Erythromycin (5mcg), Cefoxitin (30mcg), Ceftriaxone (30mcg), Vancomycin (30mcg) Novobiocin (1 mcg). Gram negative organisms were tested with the following antibiotic discs. Piperacillin+Tazobactam (100/10mcg) Cefoperazone + Sulbactam (75/30mcg). Gentamicin (10mcg), Amikacin (30mcg), Ciprofloxacin(5mcg), Ofloxacin (5mcg), Cefuroxime(30mcg), Ceftriaxone (30mcg), Amoxycylav (20/10mcg)

Results and Discussion

Total 65 neonates of age group upto one month were included in the study. Signs and symptoms were present in 60 neonates and 5 babies had no clinical features of sepsis. Males accounted for 43 (72%) and 17 (28%) were females.

Considering the maternal risk factors, prolonged rupture of membranes (PROM) was present in 25 (39%) mothers followed by discharge of foul smelling liquor in 14 (21%) and more than 3 vaginal examinations in 11 (17%), 10 (15%) mothers had fever.(Figure 1).

Majority of the patients were term 42 (65%) out of which 13 (31%) were small for gestational age (SGA) and 29 (69%) were appropriate for gestational age (AGA). 23 patients were preterm of which 17 (74%) were SGA while 6 (26%) were AGA. On the whole, 30 (46%) patients were SGA and 35 (54%) were AGA [figure 1]. Francesca Cortese *et al.*, 2015 has shown that preterm babies especially low birth weight babies are more prone to neonatal sepsis.

The commonly seen clinical features were respiratory distress in 33 (55%), refusal to feeds or poor feeding in 29 (48%), lethargy in 23 (38%), jaundice in 22 (37%), abdominal distension in 16 (27%), vomiting in 16 (27%), hyperthermia in 13 (22%), convulsions in 10 (17%), hypotension and oliguria in each of 3 (5%) and sclerema in 2 (3%). Many patients in the study had more than 2 clinical features at the time of presentation [figure 4]. Wynn *et al.*, 2010 had mentioned many the clinical manifestations which are highly variable depending on the virulence of pathogens and on the mechanisms of host defense.

Table.1 Antimicrobial susceptibility pattern for Gram positive organisms
(Coagulase negative Staphylococci and *Staphylococcus aureus*)

Antibiotic	Susceptible	Resistant
Vancomycin	100	0
Linezolid	100	0
Cefoxitin	90	10
Ofloxacin	81	19
Ciprofloxacin	5	95
Gentamycin	43	57
Ceftriaxone	85	15
Cotrimoxazole	35	65
Erythromycin	42	58
Ampicillin	10	90

Table.2 Antimicrobial susceptibility pattern for Gram negative organisms
(*Klebsiella pneumoniae*, *Escherichia coli*, *Citrobacter freundii*, *Acinetobacter* species)

Antibiotic	Susceptible	Resistant
Cefaperazone/sulbactam	98	2
Piperacillin/ tazobactam	98	2
Ofloxacin	94	6
Amikacin	61	39
Ciprofloxacin	20	80
Gentamycin	60	40
Ceftriaxone	68	32
Cotrimoxazole	30	70

Fig.1

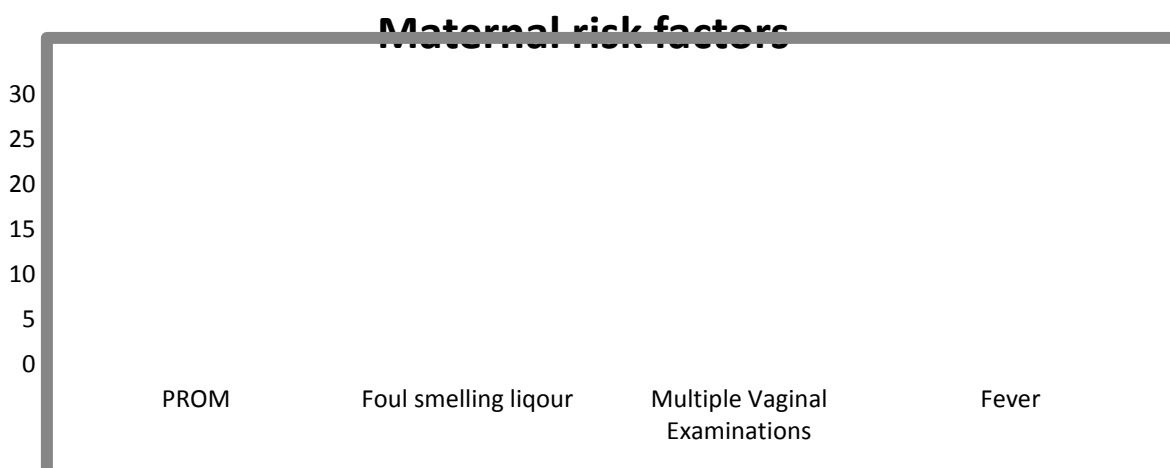
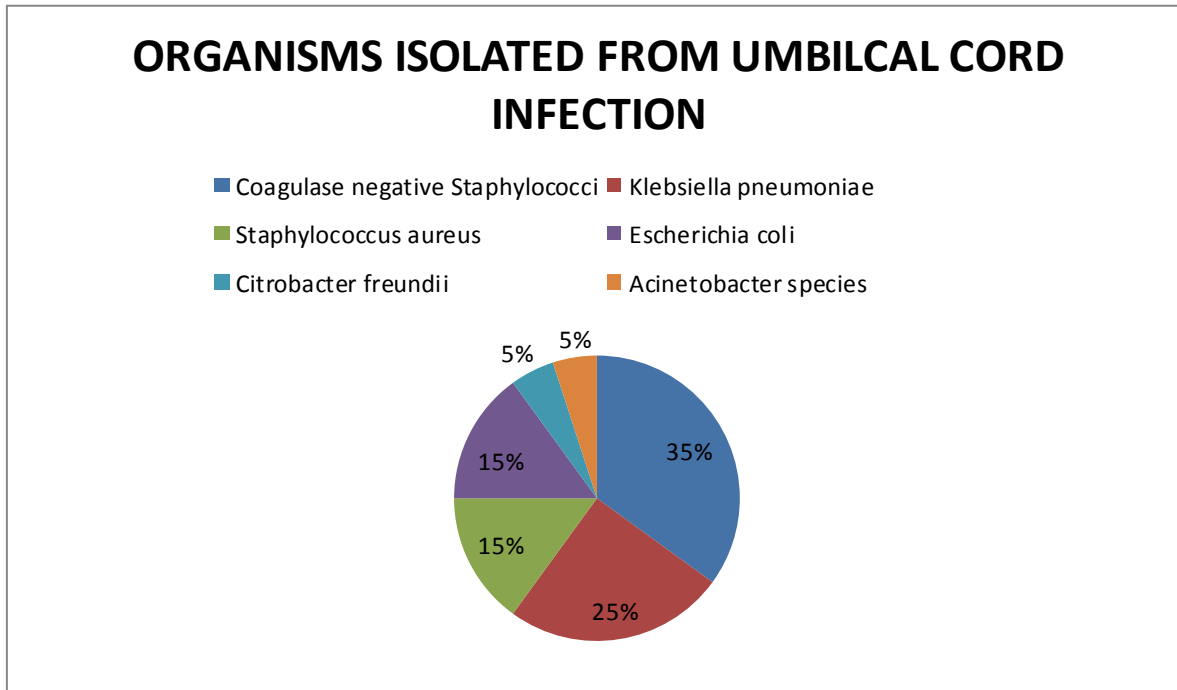


Fig.2



Among the babies that had omphalitis 7 (35%) had periumbilical erythema and 13 (65%) had umbilical discharge out of which 1 (8%) had bloody discharge, 3 (23%) had serosanguinous discharge and 9 (69%) had purulent discharge. Fatima Mir *et al.*, 2005 had a similar observation in their study.

Umbilical swab culture were positive in 20 (94%) of the total cases. Blood culture were positive in 33 (51%). Organisms grown on the umbilical swab culture were *Coagulase negative staphylococci* in 7 (35%), *Klebsiella pneumoniae* in 5 (25%), *Escherichia coli* in 3 (15%), *Staphylococcus aureus* in 3 (15%), *Citrobacter freundii* in 1 (5%) and *Acinetobacter* in 1(3%) of the omphalitis patients (Figure.2). Most common organisms isolated from blood were *coagulase negative staphylococci* in 14 (43%), *Klebsiella pneumoniae* in 11 (33%), *Staphylococcus aureus* in 5 (15%), *Citrobacter freundii* in 1 (3%) and *Escherichia coli* in 1 (3%). *Candida spp.*

was present in 1 (3%) case. The results were in concordance with Vanisree *et al.*, 2014 where *Coagulase negative Staphylococci* were the commonest organisms causing umbilical stump infection followed by Gram negative bacilli.

In 6 cases of septicemia, 3 cases with *Klebsiella pneumoniae* and 3 cases with *Coagulase negative staphylococci*, the same organisms were isolated in umbilical pus and blood suggesting that umbilical colonization had led to septicemia.

The Gram positive organisms showed 100% susceptibility to Linezolid, Vancomycin, 85% to Ceftriaxone, 81% to Ofloxacin, 43% to Gentamycin and resistant to Ciprofloxacin, Cotrimoxazole Erythromycin and Ampicillin (Table 1).

Gram negative organisms were mostly susceptible to Cefaperazone/ sulbactam (98%), Piperacillin/ Tazobactam (98%),

Ofloxacin (94%) and Amikacin (61%) and resistant to Ceftriaxone Ciprofloxacin and Gentamycin (Table:2)

In conclusion, the clinical manifestations of neonatal sepsis are highly variable and non-specific. Umbilical stump infections may progress to neonatal sepsis. Early and correct diagnosis of the infecting organism prompt antibiotic therapy, preventive measures and supportive care will help in reducing neonatal mortality rate.

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