

Original Research Article

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Assessment of the Sanitary Quality of the Dishes Sold in Street's Restaurants with High Frequentation in Daloa (Ivory Coast)

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ABSTRACT

The hygiene and quality of food sold in restaurants have a strong impact on the health of the consumer. It is with this in mind that this study was carried out to assess the sanitary quality of the dishes sold in restaurants with high frequentation in the city of Daloa (Ivory Coast). As a prelude to this study, a survey was carried out to find out the areas of high frequentation of restaurants, the socio-demographic profile of crews and customers. And finally, an evaluation of the microbiological quality of some dishes which made it possible to search for germs such as GAM, *E. coli*, *S. aureus* and *Salmonella sp.* The results obtained showed that the restaurant business is carried out by women (100%) aged between 19 and 29 years (57.5%) with a low level of education (55%). Many were single (55%) whose length of service in the trade varied between 1 and 5 years (65%). Most of the consumers were men (59.2%) and single (69.7%). Microbiological analysis of the dishes sold showed contamination by GAM (10^3 to 10^6 CFU / g), *E. coli* (10^2 to 10^5 CFU / g), *S. aureus* (3.10^3 to 2.10^5 CFU / g) and presence of *Salmonella sp.* According to the standard, it appears that 42% of the dishes had an acceptable microbiological quality, 16% satisfactory and 42% of unsatisfactory quality. The non-observance of good hygiene practices in restaurants is one of the causes of microbial contamination of dishes.

Keywords

Street's restaurants,
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Introduction

Street food is defined by the Food and Agriculture Organization (FAO) as "ready-to-eat foods and beverages sold and prepared by vendors or hawkers in streets or other public

places (Lamuka, 2014). In both developed and underdeveloped countries, this sector is expanding, presenting a real opportunity for employment and source of income (Rheinländer *et al.*, 2008, Muyanja *et al.*, 2011; Ma *et al.*, 2019; Ssegueya *et al.*, 2020).

This is due to industrialization which forces many city dwellers to take their main daily meals away from home (Alimi *et al.*, 2014, Nizame *et al.*, 2019). It is also a place to eat for low-income households (Nizame *et al.*, 2020). Due to their rapid availability, foods sold in street restaurants are one of the main food options for city dwellers (Zubaer and Sabiha, 2019). However, the consumption of the dishes sold in the various restaurants is not without consequences for the health of consumers. Indeed, these street restaurants are the sources of many foods poisoning (Nasrolahei *et al.*, 2017; Zubaer and Sabiha, 2019; Khomotso *et al.*, 2020). Numerous cases of toxic infection have been reported around the world. According to the World Health Organization (WHO), each year about 600 million people contract a food-borne illness in which 420,000 die (WHO, 2015). In the US, foodborne illness affects more than 48 million people each year, resulting in 128,000 hospitalizations and 3,000 deaths (CDC, 2017). Both Africa and Southeast Asia have the highest incidence and mortality rates associated with foodborne illness (WHO, 2015; Adane *et al.*, 2018). In Côte d'Ivoire, many cases of food poisoning have been identified in several towns over the past decades. The most recent case occurred in Bingerville (Abidjan) in 2019 where 34 cases of foodborne illness were reported (APA News, 2019). Most foodborne illness outbreaks are usually caused by poor hygiene in food restaurants and vendors (Todd *et al.*, 2008; Chukuezi, 2010; Khomotso *et al.*, 2020). The aim of this study is therefore to assess the level of hygiene and the sanitary quality of the dishes sold in restaurants with high attendance in the city of Daloa. Indeed, in this city to date there is no scientific information on the hygiene of restaurants hence the interest of this study. To this end, a socio-demographic survey was carried out among restaurateurs and consumers, which made it possible to assess their knowledge of

good hygiene practices. To find the criteria for assessing the quality of ready meals, microbiological analyzes were carried out.

Materials and Methods

Study area description

The study was carried out in the town of Daloa. Located in the Center-West of Côte d'Ivoire. Chief town of Haut-Sassandra department and region. Daloa is located 141 km from Yamoussoukro the political capital and 383 km from Abidjan the economic capital. Geographically, Daloa is located at 6 ° 53-north latitude and 6 ° 27-west longitude. Daloa is an urban center with a population of 245,362 inhabitants (RGPH, 2014, personal communication 2014). She is the 3rd largest city in terms of population after Abidjan and Bouake in Côte d'Ivoire. The municipality covers an area of 5305 km² with a density of 50,141 inhabitants / km² and it has 45 neighborhoods (Tchehi, 2021)

Data collection

This study consisted, first of conducting a survey based on questionnaires and observations in restaurants in Tazibouo, Commerce and Lobia, 3 districts of Daloa. Then an exchange based on a pre-established questionnaire was carried out with restaurant owners and consumers. The questionnaire concerning restaurateurs aims to provide information on socio-demographic characteristics (sex, age, ethnic group educational level, experience, type of dish sold), places of supply of raw material, conservation of non-food sold, the importance of hygiene. The questionnaire concerning consumers in addition to providing information on socio-demographic characteristics provides the following information: the preference of the dish, the appreciation of the hygiene of the premises

and the staff and the sanitary quality of the dishes consumed (type discomfort after consumption: diarrhea, fever, vomiting). Following the results of the surveys, two restaurants were chosen in each district (a total of 6 restaurants). In each restaurant, 8 samples of dishes were taken in 3 times that done 144 dishes in total. All samples were collected by purchase from the six (6) restaurants. They consist of hot lunch meals. These samples weigh approximately 500g. They were placed in sterile containers and transported in a cooler containing cold accumulators to the Agrovalorisation laboratory at Jean Lorougnon Guede University to perform microbiological analyzes. The following germs were searched: Mesophilic aerobic germs, *Escherichia coli*, *Staphylococcus aureus*, Fungal flora, and *Salmonella* spp.

Bacteria isolation and identification

The following germs: Fungal flora, Mesophilic aerobic germs, *Escherichia coli*, *Staphylococcus aureus* and *Salmonella* were looked for in. The specific culture media (see table below) for each germ were prepared according to the manufacturer's recommendations.

Sample analysis

Samples weighing 25 g, were homogenized in a stomacher lab-blender 400 (Seward, London, England) with buffered peptone water (AES Laboratory, Combourg, France) in 1:10 sample / broth ratio at 37 C for 1h. From this suspension, a series of decimal dilutions is then carried out. Two types of inoculation were carried out during this manipulation. This is the mass seeding which concerned the chromogenic *E. coli* media, PCA, the surface seeding by spreading which considered the Sabouraud media with Chloramphenicol, Baird Parker the surface seeding by streak which concerns the Hektoen medium for the

detection of salmonella. The dishes thus solidified were incubated at room temperature for 7 days for the enumerations of yeasts and molds, at 37°C for 72 hours for the aerobic mesophilic germs and 24 h for the *Staphylococcus aureus* cells and finally at 44 ° C for 24 hours for the *E.coli* sprouts.

Identification of strains of *E. coli*, *Salmonella* sp and *S. aureus*

Presumptive colonies of *E. coli*, *Salmonella* and *S. aureus* were purified on plain agar followed by Gram stain and Le Minor reduced rack. Then, the following biochemical tests were carried out on the various presumptive colonies: catalase test, urea-indole test, Use of citrate, Kligler-Hajna medium, iron lysine test and the mobility test.

Colony enumeration

Colony forming units per milliliter of sample (CFU / g) were calculated according to standard NF / ISO 7218: 2007 using the following formula:

$$N = \frac{\sum C}{V \times (n_1 + 0,1 \times n_2) \times d}$$

where ΣC : sum of characteristic colonies counted on all retained Petri dishes; n_1 : number of Petri dishes retained at the first dilution; n_2 : number of Petri dishes retained at the second dilution; d : dilution rate corresponding to the first dilution; V : inoculated volume (mL); N : number of microorganisms (CFU / g).

Criterion for assessing the quality of prepared meals

The results obtained after microbiological analysis are compared with the reference criteria to assess the wholesomeness of the

cooked meals. The criteria for assessing the various parameters sought are mentioned in Table I below.

Interpretation of the three-class plan:m:Minimum threshold of the number of germs present in a gram of product analyzed, result found to be less than or equal to m, the microbiological quality of the product is considered satisfactory. M:Maximum threshold of the number of germs present in one gram of product analyzed; above which the microbiological quality of the product is considered Unsatisfactory. Results found between m and M, Acceptable microbiological quality

Statistical analysis

All trials were repeated 3 times, Data were fed to the computer and analyzed using IBM SPSS software package, version 20.0 (IBM Corp, Armonk, New York, USA). The Kolmogorov–Smirnov, Shapiro, and D'agstino tests were used to verify the normality of distribution of variables. Comparisons between groups for categorical variables were assessed using χ^2 -test.

Kruskal–Wallis test was used to compare different groups for abnormally distributed quantitative variables and followed by post-hoc test (Dunn's multiple comparisons test) for pair wise comparison. Significance of the obtained results was judged at the 5% level.

Results and Discussion

Consumers eating place in the neighborhoods of Daloa city

The results of the survey (Figure) showed that the Tazibouo (29,5%), Commerce (22,5%), Lobia (8,5%) and Soleil (6,5%) districts are the preferred places to eat. The Marrais district is the least frequented by consumers

questioned during the survey. They are less than 0,5%.

Sociodemographic characteristics of restaurateurs

The results of the analysis (Table) show that most respondents are women (100%), of whom 57.5% are aged between 19 and 29 years, 22.5% are aged between 30 and 40 years and 20% are over 40 years. As for their level of education, 21.5% are illiterate, 55% have primary school level and 23.5% have secondary level. Regarding the marital situation, they are 55% single, 22% in a couple and 22.5% married. As regards seniority in the restaurant business, 65% of women have one year of experience between 1 to 5 years and 35% have one year of experience between 6 to 10 years.

Classification of the most sold or most consumed dishes or dishes in restaurants

The figure (2) shows the proportion of the most sold dishes in the different restaurants. The dishes "Riz sauce graine" (22%) and "Riz sauce aubergine" (20%) are the most sold. The other dishes, namely Foutousauce aubergine, Foutou sauce graine, Placali sauce graine and "Tchèp" represent respectively 18%, 10%, 12% and 13% of the sale.

Location and assessment of the level of hygiene in restaurants by investigators

According to the results of the surveys on 40 restaurants, most restaurants (88.33%) are located far from the approaches to main roads, gutters, and garbage dumps. A guided tour of the various restaurants made it possible to appreciate the level of hygiene. The elements of assessment are as follows: presence of a device for washing hands, toilet, protected cover, drinking water for washing dishes (constantly renewed), state of clothing (clean

or dirty) of employees. The observations made show that most of the restaurants have a hand washing device (80%) and a toilet (87%). The unprotected dishes observed were 80% and the dishwater not renewed was 72.5%.

Sociodemographic characteristics of consumers

The results obtained after analyzing the socio-demographic characteristics of consumers. (200 people) are recorded in the tables. They reveal that a large majority of people who frequent restaurants were between 18 and 39 years old, a rate of 91% against a rate of 9% for people over 40 years old. In terms of education, respondents had a secondary level with a rate of 45.8% against a rate of 38.8% for the higher level, 10.4% for the primary level and 4.5% for the level. illiterate. Regarding the sex of the respondents, the results show that 59.2% were men against 40.8% women. As for the marital situation, 69.7% were single against a rate of 19.9% as a couple, 8% married, 0.5% divorced and 1.5% were widowed.

Types of symptoms after eating dishes in restaurants

Analyzes show that the following symptoms: Vomiting, diarrhea and stomach bloating are usually seen after eating food in restaurants. Among people surveyed out of a total of 200 people, 68% of consumers suffered from diarrhea, 16% from vomiting and 16% from stomach bloating.

Microbiological analysis of dishes sold in restaurants

The microbiological analysis of the 144 samples made it possible to highlight the contamination of the latter by the microbial flora and the fungal flora (yeasts and molds). In terms of the microbial flora, the following

germs: *GAM*, *E.coli*, *S. aureus* and *Salmonella sp* were enumerated. The table below shows the count of the suspected colonies gave a load which varied from 10^2 to 2.10^5 CFU / g for *S. aureus*; a load of 10^2 to 6.10^3 CFU / g for *E. coli*, a load ranging from 10^3 to 7.10^4 CFU / g for the fungal flora, a load of 4.10^3 to 5.10^5 CFU / g for aerobic mesophilic germs and a presence of *salmonella sp*. The count of the suspected colonies gave average loads recorded in the table below. The comparison of the enumeration results with the pre-established standard made it possible to assess the sanitary quality of the different samples. On the 144 samples, 41.7% of samples were of unsatisfactory microbiological quality. Two 16.7% of samples were satisfactory microbiological quality of samples) and 41, 7% of samples were of acceptable microbiological quality,

As the consumption of meals away from home is a reality in the city of Daloa, we undertook this study to know the socio-demographic characteristics of restaurateurs and consumers and to assess the health quality of certain dishes sold. At the restaurant owner level, the results obtained show that this activity is mainly carried out by women (100%), whose age varies between 19 and 40 years (80%).

They were mostly single (55%) with a primary education level (55%). Our results on the gender of restaurateurs are consistent with those carried out by Monney *et al.*, (2014) in Ghana which showed that street restaurants were more than 95% run by women. This activity is in general in many countries such as Ghana (Apanga *et al.*, 2014), Nigeria (Chukuezi *et al.*, 2010), Cameroon (Edima *et al.*, 2014) and in South Africa (Khomotso *et al.*, 2020) exercised by women. On the other hand, in other regions of Africa this activity is carried out by men. This is the case in Ethiopia (Adane *et al.*, 2018).

Table.1 Media used

Germs wanted	Culture media used
Fungal flora	Sabouraud with Chloramphenicol (ALPHA BIOSCIENCES)
Aerobic Mesophilic Germs	Plate Count Agar (CONDA)
<i>Escherichia coli</i>	Chromogenic <i>E. coli</i> (BIORAD group)
<i>Staphylococcus aureus</i>	Baird Parker (Eur Pharm)
<i>Salmonella</i>	Hektoen, (BIOSCIENCES) Rappaport de Vassiliadis(BIORAD)

Table.2 Quality assessment criteria cooked meals

Germs	Microbiological limit (cfu / g)		References
	m	M	
Mesophilic Aerobic Germs (GAM)	3.10^5	3.10^6	Official Journal of the Republic of France of July 2, 2017, N ° 39
<i>Escherichia coli</i>	10^3	10^4	
<i>Staphylococcus aureus</i>	10^2	10^3	
Fungal flora	5.10^2	5.10^3	
Salmonella	Absence in 25 g of food		

Table.3 Sociodemographic characteristics of restaurateurs

No.	Setting	Total	Frequencies
1	Sex		
	Women	120	100%
	Man	00	0%
		120	100%
2	Age		
	<18	0	0%
	19 to 29 years old	69	57.5%
	30 to 40 years old	27	22.5%
	> 40 years	24	20%
		120	100%
3	Study level		
	Illiterate	24	21.5%
	Primary	66	55%
	Secondary	27	23.5%
	University	0	0%
		120	100%
4	Marital status		
	Single	66	55%
	In a relationship (not Married)	27	22.5%
	Married	27	22.5%
	Divorced	0	0%
	Widow	0	0%
		120	100%
5	Seniority		
	1 to 5 years	78	65%
	6 to 10 years	42	35%
		120	100%

Table.4 Sociodemographic characteristics of consumers.

No.	Parameter	Total	Frequencies
1	Age		
	<18 years	19	9.5%
	19 to 29 years old	129	64.5%
	30 to 39 years old	34	17%
	> 40 years	18	9%
		200	100%
2	Educational level		
	Illiterate	9	4.5%
	Primary	21	10.4%
	Secondary	92	45.8%
	University	78	38.8%
		200	100%
3	Sex		
	Man	119	59.2%
	Women	81	40.8%
		200	100%
4	Marital status		
	Single	140	69.7%
	In a relationship (not Married)	40	19.9%
	Married	16	8%
	Divorced	1	0.5%
	Widow	3	1.5%
		200	100%

Table.5 Microbiological analysis of different dishes

Type of dishes analyzed	Germs				
	GAM	<i>E.coli</i>	<i>S. aureus</i>	<i>Fungal flora</i>	<i>Salmonella sp</i>
Riz sauce graine	$2.10^5 \pm 0.6$	$1.10^2 \pm 0.4$	$2.10^4 \pm 0.7$	$5.10^3 \pm 0.1$	Absent
Riz sauce arachide	$2.10^5 \pm 0.3$	$9.10^2 \pm 0.3$	$10^4 \pm 0.2$	$1.10^3 \pm 0.5$	Absent
Riz sauce aubergine	$4.10^3 \pm 0.2$	$1.10^3 \pm 0.2$	$2.10^4 \pm 0.3$	$2.10^3 \pm 0.6$	Absent
Foutou sauce graine	$5.10^5 \pm 0.3$	$3.10^3 \pm 0.2$	$2.10^5 \pm 0.5$	$4.10^4 \pm 0.4$	Absent
Foutou sauce aubergine	$4.10^5 \pm 0.8$	$6.10^3 \pm 0.4$	$2.10^5 \pm 0.2$	$7.10^4 \pm 0.1$	Presence
Foufou sauce clair	$5.10^4 \pm 0.5$	$2.10^3 \pm 0.4$	$3.10^4 \pm 0.1$	$5.10^4 \pm 0.3$	Absent
Placali sauce graine	$3.10^5 \pm 0.2$	$7.10^2 \pm 0.3$	$10^4 \pm 0.3$	$3.10^3 \pm 0.4$	Absent
Tchep	$5.10^5 \pm 0.3$	$2.10^2 \pm 0.3$	$1.10^2 \pm 0.4$	$7.10^3 \pm 0.6$	Absent

Fig.1 Frequency of consumers by district

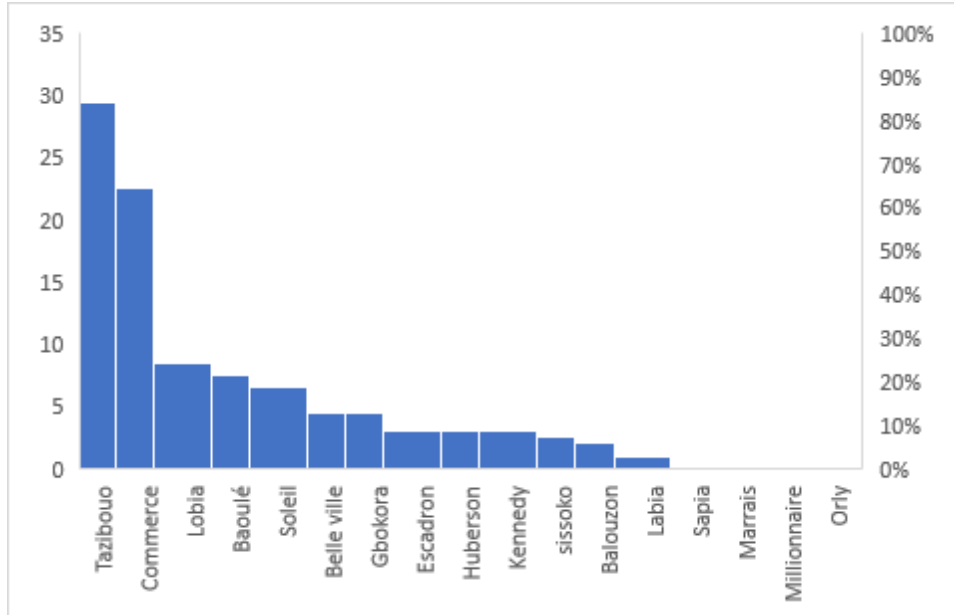
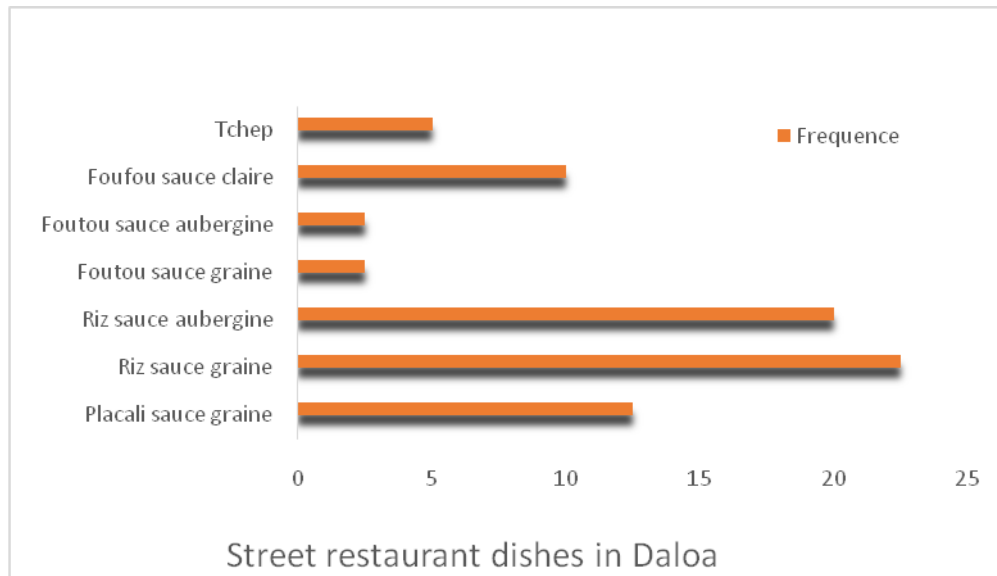


Fig.2 Frequency of dishes sold



According to Monney *et al.*, (2014), the assertion that the restaurant business in developing countries is a predominantly female trade may not be entirely true; it is rather according to the geographical area considered. The predominance of women in the restaurant sector in sub-Saharan Africa may be because they are the main

breadwinners in most poor households (Khomotso *et al.*, 2020). Regarding the 19 to 40 age group of which they are over 80% and mostly single, our results corroborate previous studies in this area in various African countries (Rahman *et al.*, 2014). Indeed, this activity constitutes a source of income for the very poorly qualified and educated women

(Khomotso *et al.*, 2020). Contrary to the practice of catering exclusively by women in our study, consumers are both men (with a rate of 59.2%) and women (40.8% among women), as also shown by study by Mensah *et al.*, (2013) but with a proportion of 56.7% women and 43.3% men. In our study, the age of these different consumers was between 19 and 39 years, a rate of 91% against 9% of respondents who were over 40 years old. Many consumers are single (69.7%) and have a high school education (45.8%). While in most of the studies carried out, consumers are single (Mensah *et al.*, 2013; Monnet *et al.*, 2014; Fosiul *et al.*, 2019; Khomotso *et al.*, 2020). The level of education of our respondents differs from that found in the work of Mensah *et al.*, 2013 in which consumers had no formal education (illiterate). This difference is the fact that Daloa is a university town with an enrollment rate of 99% of which 45% reach the secondary cycle (MENFPT, 2020). As for the hygienic assessment of the premises, it appears that the hygiene is rather acceptable, however, a lot of effort remains to be made to respect the level and importance of hygiene. Indeed, according to Adane *et al.*, (2018), there needs to be continuous awareness of the importance of hygiene in these places. Indeed, this lack of hygiene leads to foodborne illnesses such as diarrhea, vomiting and stomach bloating contracted at least once by consumers. These diseases are usually caused by food pathogens (Khomotso *et al.*, 2020). This observation is confirmed by the results of the analysis of certain dishes which revealed the presence of pathogens such as: *Escherichia coli*, *salmonellas*, *S. aureus*, GAM, and fungi. The presence of these microorganisms makes it possible to assess the level of hygiene, the quality of food and the risk of food poisoning for consumers (Rosmini *et al.*, 2004). If the microbial load of GAM respected the published standard on the other hand for certain dishes, the microbial load of *E. coli*

and *S. aureus* were higher than the standard. Indeed, these microorganisms are hand carried, it denotes a lack of hygiene in some restaurants as observed during the various surveys.

The study revealed that the restaurant sector is predominantly carried out by women. The latter are young women and single in their great majority. The main customers frequenting these restaurants are young men with a high school education. Microbiological analysis of the dishes sold revealed the presence of pathogenic germs (*E. coli*, *S. aureus*, *Salmonella* and GAM). According to the applied standard, it emerged that 42% of the dishes had an acceptable quality, 16% satisfactory and 42% of unsatisfactory quality. The non-observance of good hygiene practices and the lack of hygiene in restaurants are one of the causes of microbial contamination.

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